

SAMPLE MENU

PRENTIS & TEITEL APARTMENTS

MONDAY

Butternut Squash Soup
Asian Kale Salad
Sweet & Sour Turkey Meatballs | Beef Stir Fry
Zucchini & Brown Rice
Fortune Cookies | SF
Daily Fruit

TUESDAY

Sausage & Gnocchi Soup
House Salad
Krab Salad with Dinner Roll | Chicken Tenders & Waffles
Lima Beans
Sweet Potato Fries
Blueberry Muffins | SF
Daily Fruit

WEDNESDAY

Fish Chowder Soup
Hummus and Pita
Breaded Eggplant with Orzo | Beef Kofta with Rice
Spinach
Baklava | SF Pie
Daily Fruit

THURSDAY

Vegetable Soup
House Salad
French Dip on Bun | Turkey Club Wrap
Cucumber Salad
Chips
Grape Salad | SF
Daily Fruit

FRIDAY

Kreplach Soup
Artichoke and Olive Salad
Chicken Marsala with Cous Cous | Beef Pot Pie
Carrots
Challah
Brownie Bar | SF
Daily Fruit

