
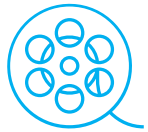



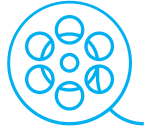




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>1</u> SUKOT: DAY TWO 	<u>2</u> SUKOT: DAY THREE 10:00 Walking Club (H1 Lobby) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol & Barb	<u>3</u> SUKOT: DAY FOUR 1:00 Tova's Travelogue: <i>North Wales</i> 2:30 Chair Yoga w/ Bharti 3:30 Lulav, Etrog, & Simchat Torah Talk w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Mike 11:00 Sit & Fit w/ Michelle O (Cancelled)	<u>4</u> SUKOT: DAY FIVE 10:00 Walking Club (H1 Lobby) 11:15, 12:30 Lulav & Lunch w/ Tova (Fleischman Sukkah; must sign up) 12:00 Exercise w/ Michelle B 3:00 Variety Hour: <i>Rowan & Martin's Laugh-In</i> 4:30 Out Trip: <i>Dinner @ Pickles Rye Deli</i> (must sign up)	<u>5</u> SUKOT: DAY SIX 11:00 Sit & Fit w/ Michelle O 11:15, 12:30 Lulav & Lunch w/ Tova (Fleischman Sukkah; must sign up) 1:00 Craft Corner w/ Sarah: <i>Clay Mosaics</i> (H2 Coffee Room) 2:00 Avy Schreiber Performs (Piano) 6:30 Conversational English w/ Kendra (Library)	<u>6</u> SUKOT: DAY SEVEN 11:00 Artwork w/ Ashley: <i>Wine Cork Pumpkins, Part 1</i> (must sign up) 12:00 Exercise w/ Michelle B 1:00 A Touch of Shabbat w/ R. Polter (Library) 1:30 Heirloom Show & Tell w/ Jewish Historical Society of Michigan	<u>7</u> SHEMINI ATZERET 2:00 Movie: <i>Jerry & Marge Go Large</i>  Shabbat Shalom!
<u>8</u> SIMCHAT TORAH 	<u>9</u> COLUMBUS DAY No Mail Delivery 10:00 Walking Club (H1 Lobby) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol & Barb	<u>10</u> 11:00 Sit & Fit w/ Michelle O 1:00 Cooking w/ Elizabeth: <i>No-Bake Pumpkin Mousse</i> (H2 Coffee Room; must sign up) 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Mike	<u>11</u> 10:00 Walking Club (H1 Lobby) 12:00 Exercise w/ Michelle B 1:00 Learn To Paint w/ Sarah (must sign up) 2:00 We All Matter Discussion w/ Tova: <i>Delicious Memories</i> (Library)	<u>12</u> 11:00 Sit & Fit w/ Michelle O 12:30 Beading w/ Carol C (Library; must sign up) 3:00 Free Bingo w/ Tova 6:30 Conversational English w/ Kendra (Library)	<u>13</u> 12:00 Exercise w/ Michelle B 1:00 Name That Tune w/ Tova: <i>Big Hits of the 1960s</i> 2:00 Recorded Concert: <i>Julie Andrews Favorites</i> 7:00 Movie: <i>The Lightkeepers</i>	<u>14</u> 7:00 Bingo w/ Ruthe & Stephen  Shabbat Shalom!
<u>15</u> 1:30 News & Views w/ Su 	<u>16</u> 10:00 Walking Club (H1 Lobby) 11:00 Current Events w/ Linda (Library) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol & Barb 3:30 Chair Yoga w/ Bharti 7:15 Resident Council Birthday Party w/ Michael Krieger	<u>17</u> 11:00 Sit & Fit w/ Michelle O 2:00 Fall Concert & Party w/ Horizon String Quartet (music sponsored by Ella Baker Fund) 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Mike	<u>18</u> 10:00 Walking Club (H1 Lobby) 11:00 Nutrition & Snacks w/ Elizabeth: <i>Carbohydrates</i> 12:00 Exercise w/ Michelle B 1:00 Classic Matinee: <i>Rebel Without A Cause</i> 4:30 Out Trip: <i>Dinner @ Pickles & Rye Deli</i> (must sign up)	<u>19</u> 10:00 West Bloomfield Pop-Up Library w/ Emily (Library) 11:00 Sit & Fit w/ Michelle O 1:00 Craft Corner w/ Sarah: <i>Wooden Fall Signs</i> (H2 Coffee Room) 1:30 Out Trip: <i>Temple Israel Concert w/ Cantor Neil Michaels & Friends</i> (must sign up) 6:30 Conversational English w/ Kendra (Library)	<u>20</u> 11:00 Artwork w/ Ashley: <i>Wine Cork Pumpkins, Part 2</i> (must sign up) 12:00 Exercise w/ Michelle B 1:00 Food Committee Meeting (H2 Lobby, 3 rd Floor) 1:00 A Touch of Shabbat w/ R. Polter (Library) 2:00 Readers' Theater Performance	<u>21</u> 2:00 Movie: <i>Wild Oats</i>  Shabbat Shalom!
<u>22</u> 1:00 WB Campus Open House 1:00 Laura Palmieri Performs (Harp)	<u>23</u> 10:00 Walking Club (H1 Lobby) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol & Barb 3:30 Music Around The World w/ Tova: <i>The Music of Spain</i>	<u>24</u> 11:00 Sit & Fit w/ Michelle O 2:00 Dana Stern Sings 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Mike	<u>25</u> 10:00 Walking Club (H1 Lobby) 12:00 Exercise w/ Michelle B 1:00 Learn To Paint w/ Sarah (must sign up) 3:00 Jewish History w/ Tova: <i>The History of Reform Judaism, Part 1</i>	<u>26</u> 10:00 Out Trip: <i>Detroit Institute of Arts</i> (must sign up) 11:00 Sit & Fit w/ Michelle O 12:30 Beading w/ Carol C (Library; must sign up) 2:00 Book Club Mtg. w/ Emily: <i>The Book Thief</i> (H1 Activity Room) 3:00 Free Bingo w/ Tova 6:30 Conversational English w/ Kendra (Library)	<u>27</u> 11:00 Classic Comedy Hour: <i>I Love Lucy, Season 1</i> 12:00 Exercise w/ Michelle B 2:00 Recorded Dance: <i>Baryshnikov Dances Sinatra & More</i> 7:00 Movie: <i>The Post</i>	<u>28</u> 7:00 Bingo w/ Ruthe & Stephen  Shabbat Shalom!
<u>29</u> 1:00 Scrabble w/ Kendra (Library) 	<u>30</u> 10:00 Walking Club (H1 Lobby) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol & Barb	<u>31</u> 11:00 Sit & Fit w/ Michelle O 1:00 Tova's Travelogue: <i>Kathmandu, Nepal</i> 2:00 Recorded Musical: <i>Brigadoon</i> 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Mike	