

SUN	MON	TUE	WED	THUR	FRI	SAT
	<b>New Year's Day OFFICE CLOSED</b> <b>1</b>	11:00 Bus Trip: Kroger, Aldi & Grove 12:45 MB Fitness (WG) 1:00 Everyday English (MR) 2:00 <b>New Year's Celebration ft. Tee Turner (TDR)</b> <b>2</b>	10:00 Health with Joey (MPR) 11:00 Bus Trip: Meijer 12:00 Netflix Movie (MPR) 1:00 Chair Yoga (WG) 3:00 BINGO (MPR) 6:30 Mid-Week Movie (CR) <b>3</b>	10:00 Bus Trip: Bank & Dollar Tree 11:00 Balance in Action (WG) 12:00 <b>Bus Trip: Panera Bread</b> 1:00 Everyday English (MR) 3:00 Thoughtful Thurs. (WG) 3:00 Travelogue (MPR) <b>4</b>	<b>Candle Lighting 4:55 p.m.</b> 10:00 <b>Bus Trip: Polish Market</b> 11:30 Chair Fitness (WG) 1:00 Memory Group (MR) 1:30 Health Talk (MR) 2:00 BINGO (MPR) <b>5</b>	<b>Shabbat Ends 6:01 p.m.</b> 6:30 Saturday Night Movie: "Spy" (2015) (CR) <b>6</b>
2:00 Church Services (MPR) <b>7</b>	12:00 Chair Fitness (WG) 1:00 <b>Steve Floyd (TDR)</b> 1:30 <b>Cheryll Johnson (PDR)</b> 2:00 Conversational English (MR) 2:00 Ladies' Nail Spa (TDR) <b>8</b>	10:00 <b>Bus Trip: Detroit Institute of Art</b> 12:45 MB Fitness (WG) 1:00 Everyday English (MR) 3:00 Netflix Movie (MPR) <b>9</b>	<b>Registration Due: Birthday Party</b> 11:00 Bus Trip: Walmart 1:00 Chair Yoga (WG) 2:00 Men's Nail Spa (TDR) 3:00 BINGO (MPR) 6:30 Mid-Week Movie (CR) <b>10</b>	10:00 Bus Trip: Bank & Dollar Tree 11:00 Balance in Action (WG) 12:00 <b>Bus Trip: Golden Corral</b> 1:00 Everyday English (MR) 3:00 Thoughtful Thurs. (WG) 3:00 Travelogue (MPR) <b>11</b>	<b>Candle Lighting 5:03 p.m.</b> 10:00 <b>Bus Trip: Greektown Casino</b> 11:30 Chair Fitness (WG) 1:30 Blood Pressure Clinic (WG) 2:00 BINGO (MPR) <b>12</b>	<b>Shabbat Ends 6:08 p.m.</b> 6:30 Saturday Night Movie: "Pride" (2014) (CR) <b>13</b>
2:00 Church Services (MPR) <b>14</b>	<b>Martin Luther King Jr. Day OFFICE CLOSED</b> <b>15</b>	11:00 Bus Trip: Target & Kohl's 12:00 PowerBack Rehab Open House (MPR) 12:45 MB Fitness (WG) 1:00 Everyday English (MR) 2:00 <b>Marshall Allen (TDR)</b> 3:00 Netflix Movie (MPR) <b>16</b>	10:00 Bridge Card Payments (TFO) 11:00 Bus Trip: Meijer Supercenter 1:00 Chair Yoga (WG) 3:00 BINGO (MPR) 4:00 Wine Down (MPR) 6:30 Mid-Week Movie (CR) <b>17</b>	10:00 Bus Trip: Bank & Dollar Tree 11:00 Balance in Action (WG) 11:00 Nutrition Class (MPR) 12:00 <b>Bus Trip: Trini &amp; Carmen's</b> 1:00 Everyday English (MR) 2:00 Age in Motion (MPR) 3:00 Thoughtful Thurs. (WG) <b>18</b>	<b>Candle Lighting 5:11 p.m.</b> 10:00 <b>Bus Trip: Polish Market</b> 11:30 Chair Fitness (WG) 1:00 Memory Group (MR) 1:30 Health Talk (MR) 2:00 BINGO (MPR) <b>19</b>	<b>Shabbat Ends 6:16 p.m.</b> 6:30 Saturday Night Movie: "Ricki and the Flash" (2015) (CR) <b>20</b>
10:30 <b>Bus Trip: Emagine Theatre in Royal Oak</b> 2:00 Church Services (MPR) <b>21</b>	10:00 Bus Trip: Yad Ezra 12:00 Chair Fitness (WG) 1:00 <b>Cafe Europa (TDR)</b> 2:00 <b>Resident Meeting (TDR)</b> 3:00 Conversational English (MR) <b>22</b>	10:00 <b>Bus Trip: 12 Oaks Mall</b> 12:45 MB Fitness (WG) 1:00 Everyday English (MR) 3:00 Netflix Movie (MPR) <b>23</b>	10:00 Bridge Card Payments (TFO) 11:00 Bus Trip: Walmart 1:00 Chair Yoga (WG) 2:00 Netflix Movie (MPR) 3:00 BINGO (MPR) 6:30 Mid-Week Movie (CR) <b>24</b>	10:00 Bus Trip: Bank & Dollar Tree 11:00 Balance in Action (WG) 12:00 <b>Bus Trip: Red Lobster</b> 1:00 Everyday English (MR) 2:00 <b>Film: "A Sacred Duty" (2007) (MPR)</b> 3:00 <b>Tu B'Shvat Seder (TDR)</b> <b>25</b>	<b>Candle Lighting 5:20 p.m.</b> 11:30 Chair Fitness (WG) 1:30 <b>Birthday Party ft. Vanessa Carr (PDR)</b> 1:30 Blood Pressure Clinic (WG) 2:00 BINGO (MPR) <b>26</b>	<b>Shabbat Ends 6:24 p.m.</b> 6:30 Saturday Night Movie: "My Cousin Vinny" (1992) (CR) <b>27</b>
2:00 Church Services (MPR) <b>28</b>	11:00 Bus Trip: Kroger Marketplace 12:00 Chair Fitness (WG) 1:30 <b>Music Enrichment with Julie Bodson (PDR)</b> 2:00 Conversational English (MR) 2:00 Dining Meeting (TDR) <b>29</b>	10:00 <b>Bus Trip: Target Walled Lake</b> 12:45 MB Fitness (WG) 1:00 Everyday English (MR) 2:00 <b>Vladimir Murkis (TDR)</b> 3:00 Netflix Movie (MPR) <b>30</b>	1:00 Chair Yoga (WG) 3:00 BINGO (MPR) 6:30 Mid-Week Movie (CR) <b>31</b>	<b>KEY</b> CR - Prentis Community Room PDR - Prentis Dining Room TDR - Teitel Dining Room TFO - Teitel Front Office MR - Teitel Media Room MPR - Teitel Multi-Purpose Room WG - Teitel Winter Garden - Entertainment	 - Physical Health - Russian Speakers Class - Spiritual/Religious - Administration Events - Off of Campus - Social - Learning	

January 2024

Teitel Calendar  
Cheryl Stroud (248) 592-1125