
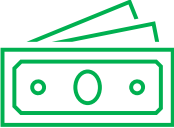


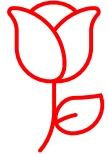







Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
			<p>10:00 Walking Club w/ Sandy (H1 Lobby)</p> <p>12:00 Age In Motion w/ Powerback</p> <p>12:30 Stretch & Relax w/ Powerback</p> <p>1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge)</p> <p>3:00 Variety Hour: <i>Rowan & Martin's Laugh-In</i></p> <p>4:30 Out Trip: <i>Dinner @ Camelia's Mexican Grill</i> (must sign up)</p>	<p>11:00 Sit & Fit w/ Michelle O</p> <p>1:00 Name That Tune w/ Tova: <i>Disco Fever</i></p> <p>3:00 Free Bingo w/ Tova</p> <p>4:00 Out Trip: <i>Senior Citizen Prom @ West Bloomfield High School</i> (must sign up)</p> <p>6:30 Conversational English w/ Kendra (Library)</p>	<p>11:30 Crafting w/ Tova: <i>Potted Herbs, Part 1</i> (must sign up)</p> <p>1:00 A Touch of Shabbat w/ R. Polter (Library)</p> <p>2:00 Murdle w/ Emily</p>	<p>2:00 Movie: <i>The Terminal</i></p> <p>7:00 Bingo w/ Ruthe & Stephen</p>  <p><i>Shabbat Shalom!</i></p>	
		<p>5</p> <p>1:30 News & Views w/ Su</p> <p>3:30 Korean Youth Orchestra of Michigan Concert (Dining Room)</p> 	<p>6</p> <p>THEME OF THE WEEK: CINCO DE MAYO</p> <p>11:00 Art Project w/ Jackie: <i>Maraca Decorating</i> (must sign up)</p> <p>12:00 Exercise w/ Michelle B</p> <p>2:15 Bingo w/ Carol B</p> <p>3:30 Chair Yoga w/ Bharti</p> <p>7:00 Readers' Theatre Practice w/ Harriett & Adele</p>	<p>7</p> <p>THEME OF THE WEEK: CINCO DE MAYO</p> <p>11:00 Sit & Fit w/ Michelle O</p> <p>12:30 Yom HaShoah Holocaust Memorial Service w/ Dr. Silow</p> <p>1:00 Cooking w/ Elizabeth: <i>Easy Black Bean Tacos, Group 1</i> (H2 Coffee Room; must sign up)</p> <p>3:00 Tova's Travelogue: <i>Street Food of Mexico City</i></p> <p>3:30 Kabbalah w/ R. Polter (Library)</p> <p>7:15 Bingo w/ Bonnie, Danny, Mike, & Sandy</p>	<p>8</p> <p>THEME OF THE WEEK: CINCO DE MAYO</p> <p>10:00 Walking Club w/ Sandy (H1 Lobby)</p> <p>11:00 Cooking w/ Elizabeth: <i>Easy Black Bean Tacos, Group 2</i> (H2 Coffee Room; must sign up)</p> <p>12:30 Stretch & Relax w/ Powerback</p> <p>1:00 Happy Hour w/ Jackie & Heather: <i>Margaritas</i> (Fireside Lounge)</p>	<p>9</p> <p>THEME OF THE WEEK: CINCO DE MAYO</p> <p>11:00 Sit & Fit w/ Michelle O</p> <p>2:30 Classic Matinee: <i>Three Amigos</i></p> <p>6:30 Conversational English w/ Kendra (Library)</p>	<p>10</p> <p>11:00 Classic Comedy Hour: <i>Gilligan's Island, Season 1</i> (Library)</p> <p>2:00 Mother's Day Party w/ Tom Zakarian</p> <p>7:00 Movie: <i>Mother's Day</i></p>  <p><i>Shabbat Shalom!</i></p>
		<p>12</p>  <p><i>Mother's Day</i></p>	<p>13</p> <p>12:00 Exercise w/ Michelle B</p> <p>2:15 Bingo w/ Carol B</p> <p>3:30 Music Around The World w/ Tova: <i>Songs for Israel's Birthday</i></p>	<p>14</p> <p>11:00 Sit & Fit w/ Michelle O</p> <p>2:00 Yaroslav Daniels Performs (Piano)</p> <p>3:30 Kabbalah w/ R. Polter (Library)</p> <p>7:15 Bingo w/ Bonnie, Danny, Mike, & Sandy</p>	<p>15</p> <p>12:30 Stretch & Relax w/ Powerback</p> <p>1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge)</p> <p>4:30 Out Trip: <i>Dinner @ Camelia's Mexican Grill</i> (must sign up)</p>	<p>16</p> <p>10:00 West Bloomfield Pop-Up Library w/ Emily (Library)</p> <p>11:00 Sit & Fit w/ Michelle O</p> <p>1:15 Out Trip: <i>Temple Israel Concert w/ David Syme</i></p> <p>2:00 RSC Support Group (Library)</p> <p>6:30 Conversational English w/ Kendra (Library)</p>	<p>17</p> <p>11:30 Crafting w/ Tova: <i>Potted Herbs, Part 2</i> (must sign up)</p> <p>1:00 A Touch of Shabbat w/ R. Polter (Library)</p> <p>1:00 Food Committee Meeting (Fireside Lounge)</p> <p>2:00 Recorded Musical: <i>La La Land</i></p>  <p><i>Shabbat Shalom!</i></p>
		<p>19</p> <p>2:00 David Syme Piano Concert (Fleischman Lobby; sponsored by the Alice Egrin Fund)</p> 	<p>20</p> <p>10:00 Walking Club w/ Sandy (H1 Lobby)</p> <p>11:00 Current Events w/ Linda (Library)</p> <p>12:00 Exercise w/ Michelle B</p> <p>1:00 Brain Power w/ Sandy (Library)</p> <p>2:15 Bingo w/ Carol B</p> <p>3:30 Chair Yoga w/ Bharti</p> <p>7:00 Readers' Theatre Practice w/ Harriett & Adele</p>	<p>21</p> <p>11:00 Sit & Fit w/ Michelle O</p> <p>12:30 Tova's Travelogue: <i>Under Mount Everest</i></p> <p>2:00 Resident Council Meeting</p> <p>3:30 Kabbalah w/ R. Polter (Library)</p> <p>7:15 Bingo w/ Bonnie, Danny, Mike, & Sandy</p>	<p>22</p> <p>10:00 Walking Club w/ Sandy (H1 Lobby)</p> <p>11:00 Nutrition & Snacks w/ Elizabeth: <i>All About Fiber</i></p> <p>12:30 Stretch & Relax w/ Powerback</p> <p>3:00 Jewish History w/ Tova: <i>Extraordinary Jewish Women In History, Part 1</i></p>	<p>23</p> <p>11:00 Sit & Fit w/ Michelle O</p> <p>1:30 Out Trip: <i>Dor L'Dor Year-End Program @ Hillel Day School</i> (must sign up)</p> <p>3:00 Free Bingo w/ Tova</p> <p>6:30 Conversational English w/ Kendra (Library)</p>	<p>24</p> <p>11:00 Artwork w/ Ashley: <i>Tissue Paper Wreaths, Part 1</i> (must sign up)</p> <p>2:00 Recorded Dance: <i>Rhythm of the Dance</i></p> <p>7:00 Movie: <i>Green Book</i></p>  <p><i>Shabbat Shalom!</i></p>
		<p>26</p> 	<p>27</p> <p>MEMORIAL DAY Office Closed; No Mail Delivery</p> <p>12:00 Exercise w/ Michelle B</p> <p>1:30 Memorial Day movie: <i>We Were Soldiers</i></p>	<p>28</p> <p>11:00 Sit & Fit w/ Michelle O</p> <p>2:00 Ice Cream Social w/ D&A Duo (Keyboard, Violin)</p> <p>3:30 Kabbalah w/ R. Polter (Library)</p> <p>7:15 Bingo w/ Bonnie, Danny, Mike, & Sandy</p>	<p>29</p> <p>10:00 Walking Club w/ Sandy (H1 Lobby)</p> <p>12:30 Stretch & Relax w/ Powerback</p> <p>1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge)</p> <p>3:00 We All Matter Discussion w/ Tova: <i>Military Memories</i></p>	<p>30</p> <p>11:00 Sit & Fit w/ Michelle O</p> <p>11:30 Out Trip: <i>Zekelman Holocaust Memorial Center</i> (must sign up; sponsored by the Ella Baker Fund)</p> <p>2:00 Book Club Mtg. w/ Emily: <i>Black Cake</i> (Fireside Lounge)</p> <p>6:30 Conversational English w/ Kendra (Library)</p>	<p>31</p> <p>11:00 Artwork w/ Ashley: <i>Tissue Paper Wreaths, Part 2</i> (must sign up)</p> <p>1:00 A Touch of Shabbat w/ R. Polter (Library)</p> <p>2:00 Recorded Concert: <i>The Beach Boys' 50th Anniversary Concert</i></p>  <p><i>Shabbat Shalom!</i></p>

