Jewish Senior Rechtman Apartments – July 2024 Authorite Malife						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
***	10:00 Walking Club w/ Sandy (H1 Lobby) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B & Jodi W 7:00 Readers' Theatre Practice w/ Harriett & Adele	11:00 Sit & Fit w/ Michelle O 2:00 Fourth of July Party w/ Dianne Morgan 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	10:00 Walking Club w/ Sandy (H1 Lobby) 12:00 Age In Motion w/ Powerback 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 2:00 Choir Practice w/ Cantor Penny 4:30 Out Trip: Dinner @ Library Pub & Grill (must sign up)	INDEPENDENCE DAY (Office Closed & No Mail Delivery) 11:45 Live Video: National Independence Day Parade 2:00 Recorded Musical: 1776	11:00 Recorded Ballet: Raymonda 1:30 Shabbat Visit w/ the Friday Boys (Library) 2:00 Murdle w/ Emily 7:00 Movie: Top Gun: Maverick	Shabbat Shalom!
->	10:00 Walking Club w/ Sandy (H1 Lobby) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B & Jodi W 7:00 Readers' Theatre Practice w/ Harriett & Adele	11:00 Classic Comedy Hour: Gilligan's Island (Library) 1:00 Crafting w/ Tova: Sand Art, Group 1 (must sign up) 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	10:00 Walking Club w/ Sandy (H1 Lobby) 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 3:00 Variety Hour: Dean Martin Show	11 11:00 Jewish History w/ Tova: Extraordinary Jewish Women in History, Part 3 12:30 Beading w/ Carol Cranston (Library; must sign up) 2:00 Free Bingo & PACE Presentation w/ Jennifer Hack 6:30 Conversational English w/ Kendra (Library)	11:00 Name That Tune w/ Tova: Songs Everyone Knows (Library) 1:00 A Touch of Shabbat w/ R. Polter (Library) 2:00 Vanessa Carr Performs (Vocals)	Shabbat Shalom! 2:00 Movie: Father of the Bride
1:30 News & Views w/ Su	15 10:00 Walking Club w/ Sandy (H1 Lobby) 11:00 Current Events w/ Linda (Library) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 1:00 Cooking w/ Elizabeth: Summer Quinoa Salad, Group 1 (H2 Coffee Room; must sign up) 2:15 Bingo w/ Carol B & Jodi W 3:30 Chair Yoga w/ Bharti 7:00 Readers' Theatre Practice w/ Harriett & Adele	11:00 Sit & Fit w/ Michelle O 12:00 Tova's Travelogue: Prehistoric European Art 1:00 Cooking w/ Elizabeth: Summer Quinoa Salad, Group 2 (H2 Coffee Room; must sign up) 2:00 Resident Council Meeting 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	17 10:00 Walking Club w/ Sandy (H1 Lobby) 11:00 Nutrition & Snacks w/ Elizabeth: Water: An Essential Nutrient 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 2:00 Choir Practice w/ Cantor Penny 4:30 Out Trip: Dinner @ Library Pub & Grill (must sign up)	10:00 West Bloomfield Pop-Up Library w/ Emily (Library) 11:00 Sit & Fit w/ Michelle O 1:15 Out Trip: Temple Israel Concert w/ Michael Carluccio (must sign up) 3:00 Free Bingo w/ Tova 6:30 Conversational English w/ Kendra (Library)	19 11:00 Artwork w/ Ashley: Patriotic Suncatchers, Group 1 (must sign up) 1:00 Food Committee Meeting (Fireside Lounge) 1:30 Shabbat Visit w/ the Friday Boys (Library) 7:00 Movie: Ten Things I Hate About You	Shabbat Shalom! 7:00 Bingo w/ Ruthe & Stephen
2:00 Free Bingo w/ Temple Kol Ami Sisterhood	THEME OF THE WEEK: RED, WHITE & BLUE 10:00 Walking Club w/ Sandy (H1 Lobby) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B & Jodi W 3:30 Music Around The World w/ Tova: Patriotic American Songs 7:00 Readers' Theatre Practice w/ Harriett & Adele	THEME OF THE WEEK: RED, WHITE & BLUE 11:00 Sit & Fit w/ Michelle O 1:00 Tova's Travelogue: Colonial Williamsburg, Virginia 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	THEME OF THE WEEK: RED, WHITE & BLUE 10:00 Walking Club w/ Sandy (H1 Lobby) 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather: Sangria in Red, White & Blue (Garden Terrace) 3:00 We All Matter Discussion w/ Tova: The American Flag (Library)	THEME OF THE WEEK: RED, WHITE & BLUE 10:00 Out Trip: Northville Farmers' Market (must sign up) 11:00 Sit & Fit w/ Michelle O 12:30 Beading w/ Carol Cranston (must sign up) 1:00 Classic Matinee: Yankee Doodle Dandy 2:00 Book Club Meeting w/ Emily: The Kitchen Front (Fireside Lounge) 6:30 Conversational English w/ Kendra (Library)	THEME OF THE WEEK: RED, WHITE & BLUE 11:00 Artwork w/ Ashley: Patriotic Suncatchers, Group 2 (must sign up) 1:00 A Touch of Shabbat w/ R. Polter (Library) 2:00 Recorded Concert: A Tribute to John Philip Sousa (Library)	Shabbat Shalom! 2:00 Movie: The Holdovers
28	10:00 Walking Club w/ Sandy (H1 Lobby) 11:00 Crafting w/ Tova: Sand Art, Group 2 (must sign up) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B & Jodi W 7:00 Readers' Theatre Practice w/ Harriett & Adele	11:00 Sit & Fit w/ Michelle O 2:00 Ice Cream Social w/ Avy Schreiber (Garden Terrace) 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	10:00 Walking Club w/ Sandy (H1 Lobby) 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 2:00 Choir Practice w/ Cantor Penny			