

**JEWISH SENIOR LIFE CALENDAR – MEER APARTMENTS – July 2024**

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>July 1</b>                      11:00 Exercise with Michelle Black-Union                      12:45 Knitting and Crocheting Group-Fireside Lounge Building 7                      1:00 Understanding Yiddish with Shirley Benyas-Conf Rm                      1:00 Yoga with Laura-Art Room                      3:00 Current Events with Cyma-Union                      7:00 Bingo-Dining Rm</p>	<p><b>July 2</b>                      9:30 Meijer, Aldi, Dollar Tree, Walmart                      11:00 Yearbook Viewing-Building 7 Second floor                      11:00 Israeli Scouts-Dining Room                      11:30 Kroger, CVS, Walgreens                      12:00 Exercise with Michelle O’Connell-Union                      1:00 Rick’s Wood Shop-Phase-7 Lobby                      1:00 What’s Going On with Abby Segal-Union                      1:30 Holocaust Support Group-Conf Rm                      1:00 Meijer, Aldi, Dollar Tree, Walmart                      2:00 Conversation with Judy Beltzman-Art Rm                      6:30 Meer Movie Night-Union</p>	<p><b>July 3</b>                      10:15 Target Costco Kroger CV Walgreens                      11:00 Exercise with Michelle Black-Union                      12:00 America Trivia-Union                      1:00 Current Events with David-Union                      1:00 Coldstone Creamery for Ice Cream                      2:00 Stretching with Molly, Powerback-Union                      2:30 Beading with Carol-Art Room                      3:15 Music with Rabbi Polter-Union                      6:30 Entertainment: Comedian Rabbi Arnie -Dining Rm  <b>WEAR YOUR RED, WHITE &amp; BLUE!</b></p>	<p><b>July 4</b></p> 	<p><b>July 5 Shabbat Candle Lighting 8:54pm</b>  <b>WEAR YOUR NAME TAG DAY</b>                      9:30 Open Transportation-Orchard Lake Rd                      10:00 Walking Club-Phase 7 Lobby                      11:00 Exercise with Michelle Black-Union                      12:00 Shabbat with Rabbi Polter-Union                      1:00 Open Transportation-Haggerty Rd</p>
<p><b>July 8</b>                      11:00 Exercise with Michelle Black-Union                      12:00 Learn Hebrew with Batia-Union                      1:00 Understanding Yiddish with Shirley Benyas-Conf Rm                      1:00 Live and Learn: Jewish Music-Union                      1:00 Yoga-With Laura-Art Room                      2:00 Creative Writing with Shari Cohen-A/C                      3:00 Current Events with Cyma-Union                      7:00 Bingo-Dining Rm</p>	<p><b>July 9</b>                      9:30 Meijer, Aldi, Dollar Tree, Walmart                      11:30 Kroger, CVS, Walgreens                      12:00 Exercise with Michelle O’Connell-Union                      1:00 Rick’s Wood Shop-Phase-7 Lobby                      1:00 What’s Going On with Abby Segal-Union                      1:00 Meijer, Aldi, Dollar Tree, Walmart                      1:15 Rummage Collection-Phase 6 Entrance                      2:00 Conversation with Judy Beltzman-Art Rm                      2:00 Traveling Library-with Emily WBL-Union                      2:30 Book Club with Chelsie WBL-Conf Rm                      2:30 Beading with Carol-Art Rm  <b>4:30 Restaurant: Library Pub – NEW DAY!</b>                      6:30 Meer Movie Night-Union</p>	<p><b>July 10</b>                      10:15 Target Costco Kroger CVS Walgreens                      11:00 Exercise with Michelle Black-Union                      12:00 No-Bake Baking with Bob-Art Rm                      1:00 Current Events with David-Union                      1:30 Meijer, Dollar Tree, Walmart                      2:00 Stretching with Molly, Powerback-Union                      3:00 Fit &amp; Healthy Presentation, Molly, Powerback-Union                      7:00 Entertainment: Stephan Kukurugya -Dining Rm</p>	<p><b>July 11</b>                      9:30 Meijer, Dollar Tree, Walmart                      11:45 Exercise with Michelle O’Connell-Art Rm                      12:00 DIA: Hastings Street Exhibit                      12:30 Orchard Lake Rd: Kroger, CVS, Walgreens, Whole Foods, Aldi                      1:00 The Importance of Bees-Union                      1:00 Live and Learn: Short Story Seminar-Art Rm                      1:15 Bharti Teaches Yoga-Union                      2:00 Beginning Canasta with Maureen &amp; Bernice-Art Rm                      2:00 Walking Club-Building 7 Lobby</p>	<p><b>July 12 Shabbat Candle Lighting 8:51pm</b>                      9:30 Open Transportation-Orchard Lake Rd                      10:00 Walking Club-Phase 7 Lobby                      11:00 Exercise with Michelle Black-Union                      12:00 Shabbat with Rabbi Polter-Union                      1:00 Open Transportation-Haggerty Rd                      1:00 Paint By Numbers/Jerry-Art Room                      3:30 Shabbat Service with Michael Wolf-Union</p>
<p><b>July 15</b>                      11:00 Exercise with Michelle Black-Union                      12:45 Knitting and Crocheting Group-Fireside Lounge Building 7                      1:00 Understanding Yiddish with Shirley-Conf Rm                      1:00 Live and Learn: Jewish Music-Union                      1:00 Yoga-With Laura-Art Room                      2:00 Creative Writing with Shari Cohen-Art Rm                      3:00 Current Events with Cyma-Union                      3:00 Grief &amp; Loss Group-Conf Rm                      7:00 Bingo-Dining Rm</p>	<p><b>July 16</b>                      9:30 Meijer, Aldi, Dollar Tree, Walmart                      11:00 Yearbook Viewing-Building 7 Second floor                      11:00 Live and Learn: Democracy in America-Union                      11:30 Kroger, CVS, Walgreens                      12:00 Exercise with Michelle O’Connell-Art                      1:00 Rick’s Wood Shop-Phase-7 Lobby                      1:00 What’s Going On with Abby Segal-Union                      1:30 Orchard Lake Road: Kroger, CVS, Walgreens, Whole Foods, Aldi                      1:30 Holocaust Support Group-Conf Rm                      2:00 Conversation with Judy Beltzman-Art Rm  <b>4:30 Restaurant: Uptown Parthenon – NEW DAY!</b>                      6:30 Meer Movie Night-Union</p>	<p><b>July 17</b>                      10:15 Target Costco Kroger CVS Walgreens                      11:00 Exercise with Michelle Black-Union                      12:00 No-Bake Baking with Bob-Art Rm                      1:00 Current Events with David-Union                      1:30 Meijer, Dollar Tree, Walmart                      2:00 Stretching with Molly, Powerback-Union                      7:00 Entertainment: Michael Krieger-Dining Rm</p>	<p><b>July 18</b>                      9:30 Meijer, Dollar Tree, Walmart                      11:00 Live and Learn: Democracy in America-Union                      11:45 Exercise with Michelle O’Connell-Art Rm                      12:30 Orchard Lake Rd: Kroger, CVS, Walgreens, Whole Foods, Aldi                      1:00 Live and Learn: Short Story Seminar-Art Rm                      1:15 Bharti Teaches Yoga-Union                      2:00 Beginning Canasta with Maureen &amp; Bernice-Art Rm                      2:00 Walking Club-Building 7 Lobby</p>	<p><b>July 19 Shabbat Candle Lighting 8:46pm</b>                      9:30 Open Transportation-Orchard Lake Rd                      10:00 Walking Club-Campus                      11:00 Exercise with Michelle Black-Union                      12:00 Shabbat with Rabbi Polter-Union                      1:00 Open Transportation-Haggerty Rd                      1:00 Michigan Duck Rescue and Sanctuary-Union                      3:00 Diamond Art w Emily WB Library-Art Rm                      3:30 Shabbat Service with Michael Wolf-Union</p>
<p><b>July 22</b>                      11:00 Exercise with Michelle Black-Union                      1:00 Understanding Yiddish with Shirley-Conf Rm                      1:00 Yoga-With Laura-Art Room                      2:00 Creative Writing with Shari Cohen-A/C                      3:00 Current Events with Cyma-Union                      7:00 Bingo-Dining Rm</p>	<p><b>July 23</b>                      10:15 Eastern Market-Phase 6 Lobby                      12:00 Exercise with Michelle O’Connell-Art                      1:00 Rick’s Wood Shop-Phase-7 Lobby                      1:00 What’s Going On with Abby Segal-Union                      2:00 Conversation with Judy Beltzman-Art Rm  <b>4:30 Restaurant: Rainbow (Chinese) – NEW DAY!</b>                      6:30 Meer Movie Night-Union</p>	<p><b>July 24</b>                      10:15 Target Costco Kroger CVS Walgreens                      10:00 Hydration with Elizabeth-Union                      11:00 Exercise with Michelle Black-Union                      1:00 Current Events with David-Union                      1:30 Meijer, Dollar Tree, Walmart                      2:00 Stretching with Molly-Union                      2:30 Chicken Soup for the Soul w/Rabbi Polter-Conf Rm                      3:00 DIA-To Die Upon a Kiss-Union                      7:00 Entertainment: Danny Meisel-Dining</p>	<p><b>July 25</b>                      9:30 Meijer, Dollar Tree, Walmart                      11:00 Live and Learn: Democracy in America-Union                      11:45 Exercise with Michelle O’Connell-Art                      12:30 Orchard Lake Road: Kroger, CVS, Walgreens, Whole Foods, Aldi                      1:00 Resident Council Meeting-Union                      1:00 Live and Learn: Short Story Seminar-Art Rm                      2:00 Beginning Canasta with Maureen &amp; Bernice-Art Rm                      2:00 Walking Club-Building 7 Lobby                      3:00 Words with Sy-Union</p>	<p><b>July 26 Shabbat Candle Lighting 8:40pm</b>                      9:30 Open Transportation-Orchard Lake Rd                      10:00 Walking Club-Campus                      11:00 Exercise with Michelle Black-Union                      12:00 Shabbat with Rabbi Polter-Union                      1:00 Opera w/Shirley-Union                      1:00 Open Transportation-Haggerty Rd                      3:30 Shabbat with Michael Wolf-Union</p>

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<p><b>July 29</b>  11:00 Exercise with Michelle Black-Union  1:00 Understanding Yiddish with Shirley-Conf Rm  1:00 Yoga-With Laura-Art Room  2:00 Creative Writing with Shari Cohen-A/C  3:00 Current Events with Cyma-Union  7:00 Bingo-Dining Rm</p>	<p><b>July 30</b>  10:00 Kensington Park  12:00 Exercise with Michelle O'Connell-Art  1:00 Rick's Wood Shop-Phase-7 Lobby  1:00 What's Going On with Abby Segal-Union  2:00 Conversation with Judy Beltzman-Art Rm  4:30 Restaurant: Leo's Coney (12 and Farmington) –  <b>NEW DAY!</b>  6:30 Meer Movie Night-Union</p>	<p><b>July 31</b>  10:15 Target Costco Kroger CVS Walgreens  11:00 Exercise with Michelle Black-Union  11:00 Soul Café for Lunch  1:00 Current Events with David-Union  1:30 Meijer, Dollar Tree, Walmart  2:00 Stretching with Molly Powerback-  Union  7:00 Entertainment: Vanessa Carr-Dining  Rm</p>		
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## Saturday Programs:

- **Every Sat in July 11:30 AM Exercise with Ada-Union**
- **1:00 Meer Matinee-Union**

## Sunday Programs:

- **July 7-1:00 Service with Pastor Mark Schumm, Prince of Peace Lutheran, Dining Room 2:00 Choir Meeting-Dining Room**
- **July 14-3pm Animal Magic-Union**
- **July 21 1:00 PM Resident Council Ice Cream Social and Karoake-Union**
- **July 21-3:00 PM Jewish Trivia**
- **July 28 1:00 Jewish Trivia 2**