


JEWISH SENIOR LIFE CALENDAR – MEER APARTMENTS – September 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>September 2 Labor Day</p> <p>Office is closed for the holiday.</p> <p>11:00 Exercise with Michelle Black-Union</p> 	<p>September 3</p> <p>9:30 <u>Orchard Lake Road</u>: Kroger, CVS, Dollar Tree 12:00 Exercise with Michelle O’Connell-Union 1:00 Rick’s Wood Shop-Phase-7 Lobby 1:00 What’s Going On with Abby Segal-Union 1:00 44-Scoops Ice Cream Shop 1:30 Holocaust Support Group-Conf Room 2:00 Conversation with Judy Beltzman-Art Rm 2:00 Powerback Presentation-Union</p>	<p>September 4</p> <p>11:00 Exercise with Michelle Black-Art Rm 1:30 Meijer, Dollar Tree, Walmart 1:00-3:30 Diabetes PATH-Gallery 1:00 Current Events with David-Union 2:30 Beading with Carol-Art Rm 3:15 Singing with Rabbi Polter-Union 7:00 Entertainment: Dana Stern-Dining Rm</p>	<p>September 5</p> <p>9:30 <u>Orchard Lake Road</u> (No Grocery Stores) CVS, Dollar Tree, Walgreens, Home Goods, Banks, etc. 11:45 Exercise with Michelle O’Connell-Art Rm 12:30 <u>Haggerty Rd</u>: Meijer, Kroger, Aldi, Walgreens, Dollar Tree, CVS 1:15 Bharti Teaches Yoga-Union 2:00 Canasta with Maureen & Bernice-Gallery</p>	<p>September 6 Shabbat Candle Lighting 7:39pm</p> <p>9:30 Open Transportation: Orchard Lake Rd 11:00 Exercise with Michelle Black-Union 12:00 Shabbat with Rabbi Polter-Union 1:00 Dr. Neil Hertzberg-Foot Info-Union 1:00 Paint-by-Numbers with Jerry-Art Rm 1:00 Open Transportation: Haggerty Rd 2:00 Flower Arrangement w/Leslie-Conf Rm 3:30 Shabbat Service with Michael Wolf-Union</p>
<p>September 9</p> <p>10:00 Exercise with Michelle Black-Union (Time Chg) 11:00-1:00 Live & Learn: Opera-Union 12:00 Learn Hebrew with Batia-Art Rm 12:45 Knitting & Crocheting-Fireside Lounge Phase-7 1:00 Understanding Yiddish with Shirley-Art Rm 2:00 Creative Writing with Shari Cohen-Art Rm 3:00 Current Events with Cyma-Union 3:00 Grief & Loss Support Group-Conf Rm 7:00 Bingo-Dining Rm</p>	<p>September 10</p> <p>9:30 <u>Haggerty Rd</u>: Meijer, Aldi, Dollar Tree, Walmart 11:00 Executive Board Meeting-Conf Rm 11:00 Yearbook Viewing-Phase-7 Second floor 12:00 Exercise with Michelle O’Connell-Union 1:00 Rick’s Wood Shop-Phase-7 Lobby 1:00-3:00 Matter of Balance-Union 1:00 What’s Going On with Abby Segal-Art Rm 1:30 <u>Orchard Lake Road</u>: Burlington, Aldi, Kohl’s, Whole Foods, Walgreens 2:00 Conversation with Judy Beltzman-Art Rm 4:30 Restaurant: Highland House</p>	<p>September 11</p> <p>10:45 Empire Dynasty (Chinese) for Lunch 11:00 Exercise with Michelle Black-Union 12:00 No-Bake Baking with Bob-Art Rm 1:00-3:30 Diabetes PATH-Art Rm 1:00 Current Events with David-Union 1:30 Meijer, Dollar Tree, Walmart 3:00 Ron Elkus Presents Barb Cohen-Union 7:00 Entertainment: Stephen Kukurugya-Dining Rm</p>	<p>September 12</p> <p>9:30 <u>Orchard Lake Road</u> (No Grocery Stores) CVS, Dollar Tree, Walgreens, Home Goods, Banks, etc. 11:00 Gastroenterology Presentation by Dr. Ron Rasansky-Union 11:45 Exercise with Michelle O’Connell-Art Rm 12:30 <u>Haggerty Rd</u>: Meijer, Kroger, Aldi, Walgreens, Dollar Tree, CVS 1:00 DIA: Essentials-Union 1:00-3:00 Live & Learn: Film 101-Union 2:00 Canasta with Maureen & Bernice-Gallery 3:00 Living with Early Stage Alzheimer’s-Union</p>	<p>September 13 Shabbat Candle Lighting 7:26pm</p> <p>9:30 Open Transportation: Orchard Lake Rd 11:00 Exercise with Michelle Black-Union 12:00 Shabbat with Rabbi Polter-Union 12:30 Beltone Hearing Test-Conf Rm 1:00 Open Transportation: Haggerty Rd 1:00 Crafting with Emily, WBPL-Art Rm 2:00 Flower Arrangement w/Leslie-Conf Rm 3:30 Shabbat Service with Michael Wolf-Union</p>
<p>September 16</p> <p>11:00 Exercise with Michelle Black-Union 12:00 Learn Hebrew with Batia-Art Rm 1:00 Understanding Yiddish with Shirley-Art Rm 1:00 Hospice & Palliative Care-Malka Braunstein, NP-Union 2:00 Creative Writing with Shari Cohen-Art Rm 3:00 Current Events with Cyma-Union 3:00 Grief & Loss Support Group-Conf Rm 7:00 Bingo-Dining Rm</p>	<p>September 17 – Felix’s 1st Birthday!</p> <p>9:30 <u>Orchard Lake Road</u>: Kroger, CVS, Dollar Tree 11:00-1:00 Live & Learn: Short Story Seminar-Art 12:00 Exercise with Michelle O’Connell-Union 1:00 Rick’s Wood Shop-Phase-7 Lobby 1:00-3:00 Matter of Balance-Union 1:00 What’s Going On with Abby Segal-Art Rm 1:30 Holocaust Support Group-Conf Room 1:30 <u>Haggerty Rd</u>: Meijer, Aldi, Dollar Tree, Walmart 2:00 Conversation with Judy Beltzman-Art Rm 2:00 Traveling Library-with Emily WBL-Conf Rm 2:30 Book Club with Chelsie WBL-Conf Rm 4:30 Restaurant: Red Robin Burgers & Brew 6:30 Empowered Caregiver Series: Communication</p>	<p>September 18</p> <p>10:15 Target Costco Kroger CVS Walgreens 11:00 Exercise with Michelle Black-Union 1:00-3:30 Diabetes PATH-Gallery 1:00 Current Events with David-Union 2:30 Beading with Carol-Art Rm 1:30 Meijer, Dollar Tree, Walmart 6:30 Entertainment: Meer Talent Show-Dining Rm</p>	<p>September 19</p> <p>9:30 Flu & COVID Shots-Union 11:00 Franklin Cider Mill (No guide) 11:45 Exercise with Michelle O’Connell-Art Rm 1:15 Bharti Teaches Yoga-Union 2:00 Bookmark Making with Marlene Slutzky-Art Rm 2:00 Canasta with Maureen & Bernice-Gallery</p>	<p>September 20 Shabbat Candle Lighting 7:14pm</p> <p>9:30 Open Transportation-Orchard Lake Rd 11:00 Exercise with Michelle Black-Union 11:45 Blood Pressure Check-Art Rm 12:00 Shabbat with Rabbi Polter-Union 1:00 Open Transportation-Haggerty Rd 1:00 Healthcare Appreciation Celebration-Union 2:00 Flower Arrangement w/Leslie-Conf Rm 3:30 Shabbat Service with Michael Wolf-Union</p> <p align="right">OVER ⇒</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>September 23</p> <p>10:00 Exercise with Michelle Black-Union (Time Chg) 11:00-1:00 Live & Learn: Opera-Union 12:00 Learn Hebrew with Batia-Art Rm 12:45 Knitting & Crocheting-Fireside Lounge Phase-7 1:00 Understanding Yiddish with Shirley-Art Rm 2:00 Creative Writing with Shari Cohen-Art Rm 3:00 Current Events with Cyma-Union 7:00 Bingo-Dining Rm</p>	<p>September 24</p> <p>9:30 <i>Haggerty Rd: Meijer, Aldi, Dollar Tree, Walmart</i> 11:00-1:00 Live & Learn: Short Story Seminar-Art 11:00 Yearbook Viewing-Phase-7 Second floor 12:00 Exercise with Michelle O’Connell-Union 1:00 Fashion Show-Dining Room 1:00 Rick’s Wood Shop-Phase-7 Lobby 1:00 What’s Going On with Abby Segal-Art Rm <i>1:30 Orchard Lake Road: Burlington, Aldi, Kohl’s, Whole Foods, Walgreens</i> 2:00 Conversation with Judy Beltzman-Art Rm 4:30 Restaurant: Steven Lelli’s On The Green</p>	<p>September 25</p> <p>10:15 Target Costco Kroger CVS Walgreens 11:00 Exercise with Michelle Black-Union 1:00 Current Events with David-Union 1:00-3:30 Diabetes PATH-Art Rm <i>1:30 Meijer, Dollar Tree, Walmart</i> 2:30 Chicken Soup for the Soul with Rabbi Polter-Conf Rm 7:00 Entertainment: Avy Schreiber-Dining Rm</p>	<p>September 26</p> <p>10:15 Greektown Casino, Downtown Detroit 10:00 Nutrition Presentation-Union 11:45 Exercise with Michelle O’Connell-Art Rm 1:00 Resident Council Meeting-Union 2:00 Glucose Testing by Optimal Care-Art Rm 2:00 Canasta with Maureen & Bernice-Gallery 3:00 Words with Sy-Art Rm 3:00 Living with Early-Stage Alzheimer’s-Union</p>	<p>September 27 Shabbat Candle Lighting 7:02pm</p> <p>9:30 Open Transportation-Orchard Lake Rd 11:00 Exercise with Michelle Black-Union 11:00 Live & Learn: Magic of Fred Astire-Art 12:00 Shabbat with Rabbi Polter-Union <i>1:00 Open Transportation-Haggerty Rd</i> 1:00 Paint-by-Numbers with Jerry-Art Rm 1:00-3:00 Opera with Shirley-Union 2:00 Flower Arrangement w/Leslie-Conf Rm 3:30 Shabbat with Michael Wolf-Union</p>
<p>September 30</p> <p>10:00 Exercise with Michelle Black-Union (Time Chg) 11:00-1:00 Live & Learn: Opera-Union 12:00 Learn Hebrew with Batia-Art Rm 1:00 Understanding Yiddish with Shirley-Art Rm 2:00 Creative Writing with Shari Cohen-Art Rm 3:00 Current Events with Cyma-Union 7:00 Bingo-Dining Rm</p>				

Saturday Programs:

- Every Sat in September:
- 11:30am Exercise with Ada-The Union
- Sept 7, 21, 28 1:30pm Shabbat Service-The Union

Sunday Programs:

- Sept 1 1:00pm Service with Pastor Mark Schumm, Prince of Peace Lutheran Church, Dining Room; *-and-*
 2:00pm Sing-A-Long Choir Practice-Dining Room
- Sept 8 3:00pm Singer-Dining Rm.
- Sept 15 1:00pm Bob & Friends-The Union *-and-*
 3:00pm Paranormal Research Presentation-Dining Rm.
- Sept 22 **Family Fun Day:**
 11:00am Russian Dancers-Dining Rm *-and-*
 12:00pm Caricature-Art Rm *-and-*
 1:00pm Birds of Prey Presentation-The Union
- Sept 29 1:00pm Yoga with Laura-The Union