



# Teitel Calendar

# September 2024

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1 Bus Trip @ 11:30</b> WALK 4 FRIENDSHIP Friendship Circle Walk-Free <b>West Bloomfield</b>  2:00 Church Services (MPR)	<b>2</b>  <b>OFFICE CLOSED</b>	<b>3</b> 11:00 Bus Trip-Kroger/Aldi/Grove 12:00 Painting w/ Marcie-MPR 12:45 MB Fitness (WG) 1:00 Everyday English (MR) 2:00 Commercial Trivia-MPR <b>Fun way to jog your memory while stimulating the brain</b>	<b>4</b> 11:00 Bus Trip-Meijer 12:30 Chair Yoga-MPR 1:00 Resident Council Meeting-TDR 2:00 Knit and Crochet w/ Connie-MPR Everyone is Welcome <u>no supplies needed</u>  3:00 Bingo-MPR	<b>5 No Bus Trip</b>  11:00-Balancs in Action-W/G 11:30-B/P Clinic WG-Powerback 1:00- Everyday English w/Jeff-MR <b>3:00 Thoughtful Thursday</b> <b>Rabbi Polter -W/G</b>	<b>6 No Bus Trip</b> 11:30 Chair Fitness -W/G 2:00 Bingo-MPR  Candle Lighting 7:38 pm	<b>7</b>  Shabbat Ends 8 37
<b>8</b>  2:00 Church Services (MPR)	<b>9 NO Bus Trip</b> <b>Superhero T. Shirt</b> <b>11:00 Yad Ezra-Teitel</b> 12:00 Chair Fitness-W/G w/ Cardio Drumming 2:00 Conversational Eng -MR	<b>10 Find your Twin Mate</b> <b>Twin Day</b>  10:00 Bus Trip: <b>Trader Joes</b> 12:45 MB Fitness (WG) 1:00 Everyday English (MR) 2:00 Root Beer Social-MPR	<b>11 Character Day</b>  12:00 Bus Trip- <b>Volunteers to pack meals-check newsletter for info.</b> 12:30 Chair Yoga w/Lindsay-WG <b>1:00 Russian Poetry-MR</b> 2:00 Knit and Crochet w/ Connie-MPR 3:00 BINGO (MPR)	<b>12 Decades Day</b> 11:00 Bus Trip: <b>Walmart</b> 11:00 Balance in Action-B/P-WG 1:00 Everyday English (MR) <b>2:00 Podiatrist In Room Visits</b> <b>3:00 Thoughtful Thurs. w/Rabbi</b> <b>Rabbi Polter-W/G</b>	<b>13 Sports Day</b> 10:00 Bus Trip- <b>Bank/Dollar Tree</b> 11:30 Chair Fitness-W/G 12:00 Bus -Belle Isle -Pack Lunch 1:00 Memory Group (MR)/Asya 2:00 Bingo Candle Lighting 7:26 pm	<b>14</b>  Shabbat Ends 8:25pm
<b>15</b>  2:00 Church Services (MPR)	<b>16 NO BUS TRIP</b> 12:00 Chair Fitness (WG) w/ Cardio Drumming 1:00 Café Europa Holocaust Survivors Group Meer Apts. West Bloomfield	<b>17 NO BUS TRIP</b> <b>Bridge Card Payment</b> <b>AMAC Vaccination Clinic</b> Coming to Teitel @11:00am 12:00 Painting w/ Marcie-MPR 12:45 MB Fitness (WG) 1:00 Everyday English (MR) 2:00 Commercial Trivia-MPR	<b>18 NO BUS TRIP</b>  12:30 Chair Yoga (WG) <b>1:00 Self Awareness Q and A</b> MPR- Hosted by Cheryl/Snacks 2:00 Knit and Crochet w/ Connie-MPR 3:00 BINGO (MPR)	<b>19 NO BUS TRIP</b> 11:00 Balance in Action/B/P MPR <b>11:00 Dining Meeting w/Kelly</b> 1:00- Everyday English w/Jeff-MR <b>3:00 Thoughtful Thurs. w/Rabbi</b> <b>Rabbi Polter-W/G</b>	<b>20 Bridge Card Payment</b> <b>NO BUS TRIP</b> 11:30 Chair Fitness (WG) 1:30 Blood Pressure Clinic (WG) 2:00 – Bingo-MPR  Candle Lighting 7:13pm	<b>21</b>  Shabbat Ends 8:12pm
<b>22 Autumn Begins</b> <b>Challah Bake 6:30-see newsletter</b> 2:00 Church Services (MPR) <b>Campus</b> <b>Family Fall Festival</b>  1:00-4:00 pm 	<b>23</b> 11:00 Bus Trip-Kroger <b>Marketplace</b> 12:00 Chair Fitness (WG) w/ Cardio Drumming 2:00 Conversational English with Larissa MR (RU)	<b>24</b> 11:00 Bus Trip-Walmart 12:00 Painting w/ Marcie-MPR 12:45 MB Fitness (WG) 1:00 Everyday English (MR) <b>2:00 Residents Monthly Meeting w/Jennifer-Team</b>	<b>25 High Holidays Service</b> We will be walking to Young Israel Meet in Prentis Lobby @10:30am 10:00 Bus Trip- <b>Bank/Dollar Tree</b> 12:30 Chair Yoga (WG) 2:00 Knit and Crochet w/ Connie-MPR 3:00 BINGO-MPR	<b>26</b> 11:00 Bus Trip-Meijers Super <b>Center</b> 11:00 Balance in Action/ B/P MPR 1:00 Everyday English (MR) <b>3:00 Thoughtful Thursday</b> <b>Rabbi Polter -W/G</b>	<b>27</b> 9:00 Bus Trip-Birch Run 11:30 Chair Fitness /WG 1:00 Memory Group (MR)-Asya  Candle Lighting 7:01pm	<b>28</b>  Shabbatt Ends 7:59pm
<b>29</b> 2:00 Church Services (MPR)	<b>30</b> 10:00 Bus Trip-Polish Market 12:00 Chair Fitness (W/G) Cardio Drumming 2:00 Conversational English with Larissa MR (RU)	<b>Announcements</b> The Second Annual Women's Rise Challah Bake on Sunday, September 22 <sup>nd</sup> .starting at <b>6:30</b> <b>Nancy Grosfeld Campus</b> <b>in Oak Park, see your</b> <b>newsletter for details</b>	<b>Announcements</b> There will be no musical Entertainment for the month of September.  Rabbi Polter will have brief Shofar sounding on scheduled time Thursdays	<b>Announcements</b> School Supplies donations are from Sept. 9 <sup>th</sup> through Sept.13 <sup>th</sup> Please leave with Activities.  Prentis is having a Rummage Sale 9/12 : 1:00-4pm in Community Room.		<b>Room Key</b> TDR-Teitel Dining Room TFO-Teitel Front Office MR-Media room MPR-Multi Purpose Room WG-Wintwer Garden TL-Teitel Library

