

SUN	MON	TUE	WED	THUR	FRI	SAT
					10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 1	<i>Shabbat Shalom!</i> 2
<i>Daylight Savings Time Ends</i> 1:00 Yaroslav Daniels Performs Live! (Lobby) 3	10:30 Continued Education 12:40 Dor L' Dor (MPR) 4 1:00 Exercise with Michelle B. (Activity Room) 1:30 Music Enrichment with Julie! (Activity Room) 3:00 NOSH (Activity Room) 3:30 Music with Jacob Relph (Activity Room) 5:30 Movie: (Activity Room)	<i>Election Day</i> 10:30 Classical Music Hour (Activity Room) 5 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)	10:30 Continued Education (Activity Room) 6 1:00 Exercise with Michelle B. (Activity Room) 1:30 30 min of Classical Music (Activity Room) 2:00 Arts and Crafts (Activity Room) 3:00 NOSH (Activity Room) 3:30 Bingo! (Activity Room) 5:30 Movie: (Activity Room)	10:30 Continued Education (Activity Room) 7 11:00 Crafting with Kimberly! (MPR) 12:30 Exercise with Michelle O. (Multipurpose Room (MPR)) 2:00 Let's Make Challah Bread Together! (Multipurpose Room (MPR)) 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 5:30 Movie: (Activity Room)	10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 8 1:00 Art Therapy (Activity Room) 2:45 NOSH (Activity Room) 3:00 Exercise with Michelle B. (Activity Room) 3:30 Jeopardy! (Activity Room) 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))	<i>Shabbat Shalom!</i> 9
2:00 The Simone Vitale Band (Hechtman Dining Room) 10	<i>Veterans Day</i> 10:30 Continued Education 11 1:00 Exercise with Michelle B. (Activity Room) 2:00 Michael Krieger Performs Live (Activity Room) 3:00 NOSH (Activity Room) 3:30 Puzzles/Adult Coloring/Fill In the Blank (Activity Room) 5:30 Movie: (Activity Room)	10:30 Classical Music Hour (Activity Room) 12 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)	<i>World Kindness Day</i> 10:30 Music Enrichment with Julie! (Activity Room) 13 1:00 Exercise with Michelle B. (Activity Room) 1:30 30 min of Classical Music (Activity Room) 2:00 Arts and Crafts (Activity Room) 3:00 NOSH (Activity Room) 3:30 Bingo! (Activity Room) 5:30 Movie: (Activity Room)	10:30 Continued Education (Activity Room) 14 12:30 Exercise with Michelle O. (Multipurpose Room (MPR)) 2:00 Let's Make Challah Bread Together! (Multipurpose Room (MPR)) 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 5:30 Movie: (Activity Room)	10:30 Torah Talk with Rabbi Polter (Activity Room) 15 1:00 Art Therapy (Activity Room) 2:45 NOSH (Activity Room) 3:00 Exercise with Michelle B. (Activity Room) 3:30 Jeopardy! (Activity Room) 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))	<i>Shabbat Shalom!</i> 16
2:30 Freestyle Sax Duet Performs Live! (Lobby) 17	<i>Kindness Week!</i> 10:30 Continued Education 18 1:00 Exercise with Michelle B. (Activity Room) 1:30 Music Enrichment with Julie! (Activity Room) 3:00 NOSH (Activity Room) 3:30 Puzzles/Adult Coloring/Fill In the Blank (Activity Room) 5:30 Movie: (Activity Room)	<i>Kindness Week!</i> 10:30 Classical Music Hour (Activity Room) 19 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)	<i>Kindness Week!</i> 10:30 Continued Education (Activity Room) 20 1:00 Exercise with Michelle B. (Activity Room) 1:30 30 min of Classical Music (Activity Room) 2:00 Arts and Crafts (Activity Room) 3:00 NOSH (Activity Room) 3:30 Bingo! (Activity Room) 5:30 Movie: (Activity Room)	<i>Kindness Week!</i> 10:30 Continued Education (Activity Room) 21 12:30 Exercise with Michelle O. (Multipurpose Room (MPR)) 2:00 Let's Make Challah Bread Together! (Multipurpose Room (MPR)) 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 3:30 Monthly Birthday Party Celebration! (Lobby) 5:30 Movie: (Activity Room)	<i>Kindness Week!</i> 10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 22 1:00 Art Therapy (Activity Room) 2:45 NOSH (Activity Room) 3:00 Exercise with Michelle B. (Activity Room) 3:30 Jeopardy! (Activity Room) 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))	<i>Shabbat Shalom!</i> 23
2:30 Double Play performs Live (Lobby) 24	10:30 Continued Education 25 1:00 Exercise with Michelle B. (Activity Room) 2:00 Michael Krieger Performs Live (Activity Room) 3:00 NOSH (Activity Room) 3:30 Puzzles/Adult Coloring/Fill In the Blank (Activity Room) 5:30 Movie: (Activity Room)	10:30 Classical Music Hour (Activity Room) 26 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)	10:30 Music Enrichment with Julie! (Activity Room) 27 12:30 Avy Schreiber Performs Live! (Activity Room) 1:00 Exercise with Michelle B. (Activity Room) 1:30 30 min of Classical Music (Activity Room) 2:00 Arts and Crafts (Activity Room) 3:00 NOSH (Activity Room) 3:30 Bingo! (Activity Room) 5:30 Movie: (Activity Room)	<i>Life Enrichment Office Closed</i> 28 <i>Happy Thanksgiving!</i>	10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 29 1:00 Art Therapy (Activity Room) 2:45 NOSH (Activity Room) 3:00 Exercise with Michelle B. (Activity Room) 3:30 Jeopardy! (Activity Room) 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))	<i>Shabbat Shalom!</i> 30

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