


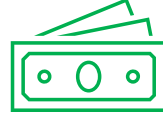

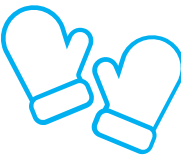





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					11:00 Music Around The World w/ Tova: <i>Traditional Chinese Music</i> (Library) 1:00 A Touch of Shabbat w/ R. Polter (Library) 2:00 Murdle w/ Emily (Library)	2:00 Movie: <i>The Age Of Adaline</i> 
3	4	5	6	7	8	9
DAYLIGHT SAVING TIME ENDS  2:00 Freestyle Saxophone Duet Performs	12:00 Exercise w/ Michelle B 12:30 Dor L'Dor Visit w/ Hillel Students 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B & Jodi W 3:30 Chair Yoga w/ Bharti	ELECTION DAY 11:00 Sit & Fit w/ Michelle O 2:00 Tova's Travelogue: <i>Jerusalem Food Tour</i> 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	12:00 Age In Motion w/ Powerback 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 3:00 Variety Hour: <i>Rowan & Martin's Laugh-In</i> 4:30 Out Trip: <i>Dinner @ Guernsey Farms Restaurant & Dairy</i> (must sign up)	11:00 Sit & Fit w/ Michelle O 3:00 Free Bingo w/ Tova 6:30 Conversational English w/ Kendra (Library)	11:00 Tova's Travelogue: <i>Plymouth, Massachusetts</i> 1:00 Recorded Dance Movie: <i>The Red Shoes</i> 7:00 Movie: <i>Good Will Hunting</i>	7:00 Bingo w/ Ruthe & Stephen 
10	11	12	13	14	15	16
12:30 News & Views w/ Su 2:00 Simone Vitale Band Performs (Dining Room)	VETERANS DAY No Mail Delivery 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:00 Veterans Day Presentation & Party w/ Jewish War Veterans of Michigan & Vanessa Carr (music begins @ 3:00)	11:00 Sit & Fit w/ Michelle O 1:00 Cooking w/ Elizabeth: <i>Vegetarian Chili with Fixings, Group 1</i> (H2 Coffee Room; must sign up) 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	11:00 Cooking w/ Elizabeth: <i>Vegetarian Chili with Fixings, Group 2</i> (H2 Coffee Room; must sign up) 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 2:00 Choir Practice w/ Cantor Penny	11:00 Sit & Fit w/ Michelle O 12:30 Beading w/ Carol C (Library; must sign up) 2:00 Classic Matinee: <i>Indiana Jones And The Raiders Of The Lost Ark</i> 6:30 Conversational English w/ Kendra (Library)	11:00 Recorded Concert: <i>Neil Diamond Live in 1988</i> 1:00 Food Committee Meeting (Fireside Lounge) 2:00 Book Club Meeting w/ Emily: <i>The Secret Life Of Sunflowers</i> (Library)	2:00 Movie: <i>Fly Me To The Moon</i> 
17	18	19	20	21	22	23
	KINDNESS WEEK 11:00 Current Events w/ Linda (Library) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B & Jodi W 3:30 Tova's Travelogue: <i>Volunteering Abroad</i>	KINDNESS WEEK 11:00 Sit & Fit w/ Michelle O 1:30 Artwork w/ Ashley: <i>Friendship Bracelets, Group 1</i> 3:00 Documentary: <i>Won't You Be My Neighbor?</i> 7:15 Bingo w/ Bonnie, Danny, & Sandy	KINDNESS WEEK 11:00 Nutrition & Snacks w/ Elizabeth: <i>Understanding Carbohydrates & Carb Counting</i> 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather: <i>Kind Notes</i> (Fireside Lounge) 4:30 Out Trip: <i>Dinner @ Guernsey Farms Restaurant & Dairy</i> (must sign up)	KINDNESS WEEK 10:00 Out Trip: <i>Motor City Casino</i> (must sign up) 10:00 West Bloomfield Pop-Up Library w/ Emily (Library) 11:00 Sit & Fit w/ Michelle O 12:30 Beading w/ Carol C (Library; must sign up) 3:00 We All Matter Discussion w/ Tova: <i>Acts Of Kindness</i> 6:30 Conversational English w/ Kendra (Library)	KINDNESS WEEK 11:00 Crafting w/ Tova: <i>Kindness Cards, Group 1</i> (must sign up) 2:00 Recorded Musical: <i>Carousel</i> 7:00 Movie: <i>Casino</i>	
24	25	26	27	28	29	30
	11:00 Name That Tune w/ Tova: <i>Big Hits Of The '60s</i> 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B & Jodi W 3:30 Chair Yoga w/ Bharti	11:00 Sit & Fit w/ Michelle O 12:00 Crafting w/ Tova: <i>Kindness Cards, Group 2</i> (must sign up) 2:00 Jerry Van Hellefont Sings 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 2:00 Choir Practice w/ Cantor Penny 3:00 Jewish History w/ Tova: <i>Memories Of Jewish Detroit</i> (Library)	THANKSGIVING DAY Office Closed; No Mail Delivery  7:00 Movie: <i>A Family Thanksgiving</i>	11:00 Artwork w/ Ashley: <i>Friendship Bracelets, Group 2</i> 1:00 A Touch of Shabbat w/ R. Polter (Library)	2:00 Movie: <i>Chevalier</i> 