JEWISH SENIOR LIFE CALENDAR – MEER APARTMENTS - November 2024							
Monday	Tuesday	Wednesday	Thursday	Friday			
Monday	Tuesday	wednesday		November 1 Shabbat Candle Lighting 6:08pm 9:30 Open Transportation: Orchard Lake Rd 11:00 Exercise with Michelle Black-Union 12:00 Shabbat with Rabbi Polter-Union 12:30-3:30 Opera with Shirley Benyas-Union 1:00 Open Transportation: Haggerty Road 2:00 Flower Arranging with Leslie-Conf Rm 3:30 Shabbat Service: Michael Wolf-Union			
November 4	November 5	November 6	November 7	November 8			
11:00 Exercise with Michelle Black-Union 12:00 Learn Hebrew with Batia-Art Rm 12:30-2:00 Live & Learn: AI Everything You Need To Know-Union 12:45 Knitting & Crocheting-Fireside Lounge Phase-7 1:00 Understanding Yiddish with Shirley-Art Rm 2:00 Creative Writing with Shari Cohen-Art Rm 3:00 Current Events with Cyma-Union 7:00 Bingo-Dining Rm	9:30 <u>Haggerty Rd</u> : Meijer, Aldi, Dollar Tree, Walmart 11:00 Yearbook Viewing-Phase-7 Second floor 12:00 Exercise with Michelle O'Connell-Union 1:00 Rick's Wood Shop-Phase-7 Lobby 1:00 What's Going On with Abby Segal-Union 1:30 Holocaust Support Group-Conf Rm 1:30 <u>Orchard Lake Road</u> : Burlington, Aldi, Kohl's, Whole Foods, Walgreens (South of Maple Rd) 2:00 Conversation with Judy Beltzman-Art Rm	11:00 Exercise with Michelle Black-Union	10:15 Greektown Casino, Downtown Detroit 11:45 Exercise with Michelle O'Connell-Union 1:00-2:30 Live & Learn: Legacy Writing-Art Rm 1:15 Bharti Teaches Yoga-Union 2:00 Canasta with Maureen & Bernice-Gallery 3:00 Fall Prevention with Molly of Powerback-Union	9:30 Open Transportation: Orchard Lake Rd 11:00 Exercise with Michelle Black-Union 12:00 Shabbat with Rabbi Polter-Union 1:00 Open Transportation: Haggerty Rd 1:00 Crafting with Emily, WBPL-Art Rm 2:00 Flower Arrangement w/Leslie-Conf Rm 3:30 Shabbat Service: Michael Wolf-Union			
November 11 Veterans Day (No Mail Service, Banks Are Closed) 11:00 Exercise with Michelle Black-Union 12:00 Learn Hebrew with Batia-Art Rm 12:30-2:00 Live & Learn: AI Everything You Need To Know-Union 1:00 Understanding Yiddish with Shirley-Art Rm 2:00 Creative Writing with Shari Cohen-Art Rm 3:00 Honoring our Veterans-Union 7:00 Bingo-Dining Rm	November 12 9:30 Orchard Lake Road: Kroger, CVS, Dollar Tree (North of Maple Rd) 11:00 Executive Board Meeting-Conf Room 12:00 Exercise with Michelle O'Connell-Art Rm 12:00 Adam Nimoy Speaking about his Famous Father, Leonard Nimoy of Star Trek Television Series-Union 1:00 Rick's Wood Shop-Phase-7 Lobby 1:00 What's Going On with Abby Segal-Union 2:00 Traveling Library-with Emily WBL-Conf Rm 2:30 Book Club with Chelsie WBL-Conf Rm 1:30 Haggerty Rd: Meijer, Aldi, Dollar Tree, Walmart 2:00 Conversation with Judy Beltzman-Art Rm 4:30 Restaurant: Pop's Family Restaurant 6:30 Movie: "Casablanca"-Union 6:30 Empowered Caregiver Series: "Dementia"-Conf Rm	November 13 10:00 CVS, Walgreens Only 11:00 Exercise with Michelle Black-Union 12:00 No-Bake Baking with Bob-Art Rm 12:30-2:00 Live & Learn: AI Everything You Need To Know-Union 1:30 Meijer, Dollar Tree, Walmart 2:30 Beading with Carol-Art Rm 3:00 John Howland Medicare Presentation- Union 7:00 Entertainment: Yaro Daniels-Dining Rm	9:30 Orchard Like Road (No Grocery Stores): CVS, Dollar Tree, Walgreens, Home Goods, Banks, etc. 11:45 Exercise with Michelle O'Connell-Union 1:00-3:00 Live & Learn: Film 101-"Casablanca"-Union 12:30 Haggerty Road: Meijer, Kroger, Aldi, Walgreens, Dollar Tree, CVS 2:00 Canasta with Maureen & Bernice-Gallery	November 15 Shabbat Candle Lighting 4:53pm 9:30 Open Transportation: Orchard Lake Rd 11:00 Exercise with Michelle Black-Union 11:00-12:30 Live & Learn: Before & After- Post Election Focus-Union 12:00 Shabbat with Rabbi Polter-Union 1:00 Open Transportation: Haggerty Rd 2:00 Flower Arrangement w/Leslie-Conf Rm 3:30 Shabbat Service: Michael Wolf-Union			

JEWISH SENIOR LIFE CALENDAR – MEER APARTMENTS - November 2024							
Monday	Tuesday	Wednesday	Thursday	Friday			
November 18	November 19	November 20	November 21	November 22			
11:00 Exercise with Michelle Black-Union 12:00 Learn Hebrew with Batia-Art Rm 12:30-2:00 Live & Learn: AI Everything You Need To Know-Union 12:45 Knitting & Crocheting-Fireside Lounge Phase-7 1:00 Understanding Yiddish with Shirley-Art Rm 2:00 Creative Writing with Shari Cohen-Art Rm 3:00 Current Events with Cyma-Union 3:00 Grief & Loss Support Group-Conf Rm 7:00 Bingo-Dining Rm	9:30 <u>Haggerty Rd</u> : Meijer, Aldi, Dollar Tree, Walmard 11:00 Yearbook Viewing-Phase-7 Second floor 12:00 Exercise with Michelle O'Connell-Union 1:00 Rick's Wood Shop-Phase-7 Lobby 1:00 What's Going On with Abby Segal-Art Rm 1:30 Holocaust Support Group-Conf Room 1:30 <u>Orchard Lake Road</u> : Burlington, Aldi, Kohl's, Whole Foods, Walgreens (South of Maple Rd) 2:00 Conversation with Judy Beltzman-Art Rm 4:30 Restaurant: Peterlin's	11:00 Exercise with Michelle Black-Union	9:30 Orchard Like Road (No Grocery Stores): CVS Dollar Tree, Walgreens, Home Goods, Banks, etc. 10:00 Nutrition: Understanding Carbs-Union 11:45 Exercise with Michelle O'Connell-Union 12:30 Haggerty Road: Meijer, Kroger, Aldi, Walgreens, Dollar Tree, CVS 1:00-2:30 Live & Learn: Legacy Writing-Art Rm 1:00 Resident Council Meeting-Union 2:00 Stories with Sy-Union 2:00 Canasta with Maureen & Bernice-Gallery 3:00 Yoga w/Bharti-Union	9:30 Open Transportation: Orchard Lake Rd 11:00 Exercise with Michelle Black-Union 12:00 Shabbat with Rabbi Polter-Union 1:00 Open Transportation: Haggerty Rd			
November 25 11:30-12:00 Fitness: Ada Bandalene-Union 11:30-12:00 Shaking Up Shakespeare: Henrietta Weinberg-Library 12:30-1:00 Recycle: Donna Garmel & Alex Rabin-Art Rm 12:30-1:00 Storytelling: Edie Blumer-Library 12:30-1:30 The Doctor Is In: Ron Rasansky-Union 1:30-2:30 Magic of Makeup: Marlene Cassidy-Conf Rm 1:30-4:00 Yiddish & Opera: Shirley Benyas-Library 1:45-2:15 Poetry: Stephen Margulis-Art Rm 1:45-2:45 Gardening: Aylene Kovensky-Union 2:15-3:15 Woodworking: Allan Grundy & David Horowitz-Wood Room 3:00-4:00 Crafting: Anity Cywiak-Art Rm 3:00-4:00 Sports Talk: Jay Barry-Union	History of Movie Comedy-Union 1:00 What's Going on with Abby Segal-Art Rm	November 27 f 10:00 Target Costco Kroger CVS Walgreens 10:00 Nutrition Presentation: Understanding Carbs-Union 11:00 Exercise with Michelle Black-Union 1:30 Meijer, Dollar Tree, Walmart 2:30 Chicken Soup for the Soul with Rabbi Polter-Conf Rm 7:00 Entertainment: Square Dancing-Union	November 28 Thanksgiving! (No Mail Service, Banks Are Closed) The office is closed for the holiday.	November 29 Shabbat Candle Lighting 4:44pm 9:30 Open Transportation: Orchard Lake Rd 11:00 Exercise with Michelle Black-Union 12:00 Shabbat with Rabbi Polter-Union 1:00 Open Transportation: Haggerty Rd 12:30-3:30 Opera with Shirley Benyas-Union 2:00 Flower Arrangement w/Leslie-Conf Rm 3:30 Shabbat Service: Michael Wolf-Union			

Saturday Programs:

• Every Saturday in November:

11:30am Exercise with Ada-The Union

NOV 2: TURN YOUR CLOCKS BACK ONE HOUR BEFORE GOING TO BED.

Sunday Programs:

- Nov 3 1:00pm 126th Military Band-Dining Room
- Nov 10 1:00pm Service with Pastor Mark Schumm, Prince of Peace Lutheran Church, Dining Room; -and-
 - 1:00pm Yoga with Laura-The Union; -and-
 - 1:00pm The Simone Vitale Band at Hechtman-Dining Room (transportation available); -and-
 - 2:00pm Sing-A-Long Choir Practice-Dining Room
- Nov 17 1:00pm Bob & Friends-The Union
- Nov 24 3:00pm Dulcimer (Musical) Performance-Union