

SUN	MON	TUE	WED	THUR	FRI	SAT
1:00 Freestyle Sax Duet Performs Live! (Activity Room) 1 2:30 Henrik Performs Live! (Activity Room)	10:30 Continued Education 2 1:00 Exercise with Michelle B. (Activity Room) 1:30 Music Enrichment with Julie! (Activity Room) 3:00 NOSH (Activity Room) 3:30 Puzzles/Adult Coloring/Fill In the Blank (Activity Room) 5:30 Movie: (Activity Room)	10:30 Classical Music Hour (Activity Room) 3 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)	10:30 Continued Education (Activity Room) 4 1:00 Exercise with Michelle B. (Activity Room) 1:30 30 min of Classical Music (Activity Room) 2:00 Arts and Crafts (Activity Room) 3:00 NOSH (Activity Room) 3:30 Bingo! (Activity Room) 5:30 Movie: (Activity Room)	10:30 Continued Education (Activity Room) 5 12:30 Exercise with Michelle O. (Multipurpose Room (MPR)) 2:00 Let's Make Challah Bread Together! (Multipurpose Room (MPR)) 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 5:30 Movie: (Activity Room)	10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 6 1:00 Recreational Therapy (Activity Room) 2:45 NOSH (Activity Room) 3:00 Exercise with Michelle B. (Activity Room) 3:30 Jeopardy! (Activity Room) 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))	Pearl Harbor Shabbat Shalom! 7
1:00 Chanukah Parcel Project w/ Shaarey Zedek 8	10:30 Continued Education 9 1:00 Exercise with Michelle B. (Activity Room) 1:30 Music Enrichment with Julie! (Activity Room) 2:00 Michael Krieger Performs Live (Activity Room) 3:00 NOSH (Activity Room) 3:30 Puzzles/Adult Coloring/Fill In the Blank (Activity Room) 5:30 Movie: (Activity Room)	10:30 Classical Music Hour (Activity Room) 10 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)	10:30 Music Enrichment with Julie! (Activity Room) 11 1:00 Exercise with Michelle B. (Activity Room) 1:30 30 min of Classical Music (Activity Room) 2:00 Arts and Crafts (Activity Room) 3:00 NOSH (Activity Room) 3:30 Bingo! (Activity Room) 5:30 Movie: (Activity Room)	10:30 Continued Education (Activity Room) 12 12:30 Exercise with Michelle O. (Multipurpose Room (MPR)) 2:00 Let's Make Challah Bread Together! (Multipurpose Room (MPR)) 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 5:30 Movie: (Activity Room)	10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 13 1:00 Recreational Therapy (Activity Room) 2:45 NOSH (Activity Room) 3:00 Exercise with Michelle B. (Activity Room) 3:00 Monthly Birthday Party with Tom Zakarian! (Lobby) 3:30 Jeopardy! (Activity Room) 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))	Shabbat Shalom! 14
2:30 Dana Stern Performs Live! (Activity Room) 15	10:30 Continued Education 16 1:00 Exercise with Michelle B. (Activity Room) 1:30 Music Enrichment with Julie! (Activity Room) 3:00 NOSH (Activity Room) 3:30 Puzzles/Adult Coloring/Fill In the Blank (Activity Room) 5:30 Movie: (Activity Room)	10:30 Classical Music Hour (Activity Room) 17 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)	10:30 Continued Education (Activity Room) 18 12:30 Avy Schreiber Performs Live! (Activity Room) 1:00 Exercise with Michelle B. (Activity Room) 1:30 30 min of Classical Music (Activity Room) 2:00 Arts and Crafts (Activity Room) 3:00 NOSH (Activity Room) 3:30 Bingo! (Activity Room) 5:30 Movie: (Activity Room)	10:30 Continued Education (Activity Room) 19 12:30 Exercise with Michelle O. (Multipurpose Room (MPR)) 12:35 Dor L Dor (Lobby) 2:00 Let's Make Challah Bread Together! (Multipurpose Room (MPR)) 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 5:30 Movie: (Activity Room)	10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 20 1:00 Recreational Therapy (Activity Room) 2:45 NOSH (Activity Room) 3:00 Exercise with Michelle B. (Activity Room) 3:30 Jeopardy! (Activity Room) 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))	Shabbat Shalom! 21
1:00 Chanukah Party! (MPR) 22	10:30 Continued Education 23 1:00 Exercise with Michelle B. (Activity Room) 1:30 Music Enrichment with Julie! (Activity Room) 2:00 Michael Krieger Performs Live (Activity Room) 3:00 NOSH (Activity Room) 3:30 Puzzles/Adult Coloring/Fill In the Blank (Activity Room) 5:30 Movie: (Activity Room)	<i>Christmas Eve</i> 10:30 Classical Music Hour (Activity Room) 24 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)	Christmas Day Chanukah: Night 1 25 9:00 Life Enrichment Office Closed	<i>Kwanzaa</i> Chanukah: Night 2 26 10:30 Continued Education (Activity Room) 12:30 Exercise with Michelle O. (Multipurpose Room (MPR)) 2:00 Let's Make Challah Bread Together! (Multipurpose Room (MPR)) 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 5:30 Movie: (Activity Room)	<i>Chanukah: Night 3</i> 10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 27 1:00 Recreational Therapy (Activity Room) 2:45 NOSH (Activity Room) 3:00 Exercise with Michelle B. (Activity Room) 3:30 Jeopardy! (Activity Room) 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))	Shabbat Shalom! 28 Chanukah: Night 4
Chanukah: Night 5 29 2:30 Henrik Performs Live! (Activity Room)	Chanukah: Night 6 30 10:30 Continued Education 1:00 Exercise with Michelle B. (Activity Room) 3:00 NOSH (Activity Room) 3:30 Puzzles/Adult Coloring/Fill In the Blank (Activity Room) 5:30 Movie: (Activity Room)	<i>New Year's Eve</i> Chanukah: Night 7 31 10:30 Classical Music Hour (Activity Room) 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)				

December 2024