


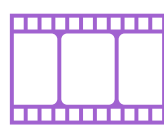
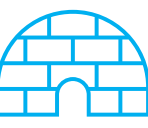
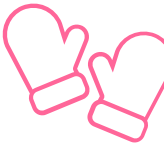





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p> 	<p>2</p> <p>12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B & Jodi W 3:30 Chair Yoga w/ Bharti</p>	<p>3</p> <p>11:00 Sit & Fit w/ Michelle O 2:00 Tova's Travelogue: <i>Costa Rica</i> 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy</p>	<p>4</p> <p>12:00 Age In Motion w/ Powerback 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 2:00 Choir Practice w/ Cantor Penny 3:00 Variety Hour: <i>Carol Burnett Show</i> 4:30 Out Trip: <i>Dinner @ Big Tommy's</i> (must sign up)</p>	<p>5</p> <p>11:00 Sit & Fit w/ Michelle O 1:00 Artwork w/ Ashley: <i>Winter Ruffle Scarves, Group 1</i> (must sign up) 3:00 Free Bingo w/ Tova 6:30 Conversational English w/ Kendra (Library)</p>	<p>6</p> <p>11:30 Recorded Concert: <i>Vivaldi's Four Seasons</i> 2:00 Murdle w/ Emily (Library) 7:00 Movie: <i>Pride & Prejudice</i></p> 	<p>7</p> <p>7:00 Bingo w/ Ruthe & Stephen</p>
<p>8</p> <p>1:00 Build-A-Bag of Chanukah Joy w/ Shaarey Zedek</p> 	<p>9</p> <p>12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B & Jodi W 7:00 Bel Canto Choral Society Concert</p>	<p>10</p> <p>11:00 Sit & Fit w/ Michelle O 1:00 Cooking w/ Elizabeth: <i>Healthy Fudgy Brownies, Group 1</i> (H2 Coffee Room; must sign up) 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy</p>	<p>11</p> <p>11:00 Cooking w/ Elizabeth: <i>Healthy Fudgy Brownies, Group 2</i> (H2 Coffee Room; must sign up) 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 2:00 Artwork w/ Ashley: <i>Winter Ruffle Scarves, Group 2</i> (must sign up)</p>	<p>12</p> <p>11:00 Sit & Fit w/ Michelle O 12:30 Beading w/ Carol C (Library; must sign up) 2:00 Classic Matinee: <i>It's A Wonderful Life</i> 6:30 Conversational English w/ Kendra (Library)</p>	<p>13</p> <p>11:00 Holiday Card Decorating w/ Tova 1:00 A Touch of Shabbat w/ R. Polter (Library) 2:00 We All Matter Discussion w/ Tova: <i>Winter Holiday Memories</i> (Library)</p> 	<p>14</p> <p>2:00 Recorded Ballet: <i>The Nutcracker</i></p>
<p>15</p> <p>1:30 News & Views w/ Su</p> 	<p>16</p> <p>11:00 Current Events w/ Linda (Library) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B & Jodi W 3:30 Chair Yoga w/ Bharti 7:15 Resident Council Birthday Party w/ Tom Zakarian</p>	<p>17</p> <p>11:00 Sit & Fit w/ Michelle O 2:00 Tova's Travelogue: <i>America's Best National Parks</i> 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy</p>	<p>18</p> <p>11:00 Nutrition & Snacks w/ Elizabeth: <i>All About Vitamin D</i> 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 2:00 Choir Practice w/ Cantor Penny 4:30 Out Trip: <i>Dinner @ Big Tommy's</i> (must sign up)</p>	<p>19</p> <p>10:00 Out Trip: <i>Shopping & Lunch @ Twelve Oaks Mall</i> (must sign up) 10:00 West Bloomfield Pop-Up Library w/ Emily (Library) 11:00 Sit & Fit w/ Michelle O 12:30 Dor L'Dor Visit w/ Hillel Students: <i>Chanukah</i> 3:00 Free Bingo w/ Tova 6:30 Conversational English w/ Kendra (Library)</p>	<p>20</p> <p>11:00 Holiday Cookie Decorating w/ Tova 1:00 Food Committee Meeting (Fireside Lounge) 2:00 Book Club Meeting w/ Emily: <i>The Frozen River</i> (Library) 7:00 Recorded Musical: <i>White Christmas</i></p> 	<p>21</p>
<p>22</p> 	<p>23</p> <p>10:00 Out Trip: <i>Henry Ford Museum</i> (must sign up; sponsored by JFNA) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B & Jodi W</p>	<p>24</p> <p>11:00 Crafting w/ Tova: <i>Dreidel Decorating, Group 1</i> (must sign up) 2:00 Jewish History w/ Tova: <i>Jewish Holiday Artifacts, Part 2</i> 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy</p>	<p>25</p> <p style="text-align: center;">CHRISTMAS DAY Office Closed; No Mail Delivery</p>  <p style="text-align: center;">CHANUKAH: NIGHT 1</p> <p>4:30 Menorah Lighting w/ R. Polter (H1 Fireplace) 7:00 Movie: <i>Home Alone</i></p>	<p>26</p> <p>12:00 Chanukah Lunch & Party w/ Henrik Karapetyan & Avy Schreiber (music begins @ 12:30) 2:30 Kwanzaa Documentary: <i>The Black Candle</i></p> <p style="text-align: center;">CHANUKAH: NIGHT 2</p> <p>4:00 Menorah Lighting w/ Tova (H1 Fireplace) 6:30 Conversational English w/ Kendra (Library)</p>	<p>27</p> <p>11:00 Dreidel Tournament w/ Tova 12:30 Beading w/ Carol C (Library; must sign up) 1:00 A Touch of Chanukah w/ R. Polter (H1 AR)</p> <p style="text-align: center;">CHANUKAH: NIGHT 3</p> <p>3:30 Menorah Lighting w/ Gale (H1 Fireplace)</p>	<p>28</p> <p>2:00 Movie: <i>What Women Want</i></p>  <p style="text-align: center;">CHANUKAH: NIGHT 4</p> <p>6:00 Havdalah & Menorah Lighting w/ Cantor Penny (H1 Fireplace)</p>
<p>29</p> <p style="text-align: center;">CHANUKAH: NIGHT 5</p> <p>4:00 Menorah Lighting & Singalong w/ Temple Kol Ami Sisterhood & Cantor Janet (H1 Fireplace)</p>	<p>30</p> <p>12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B & Jodi W</p> <p style="text-align: center;">CHANUKAH: NIGHT 6</p> <p>3:45 Menorah Lighting w/ Tova (H1 Fireplace)</p>	<p>31</p> <p>11:00 Crafting w/ Tova: <i>Dreidel Decorating, Group 2</i> (must sign up) 1:00 Music Around The World w/ Tova: <i>Chanukah Parodies</i></p> <p style="text-align: center;">CHANUKAH: NIGHT 7</p> <p>4:00 Menorah Lighting w/ R. Polter (H1 Fireplace) 7:00 Resident Council NYE Party w/ Marco Floyd & Derek Gillespie (music begins @ 7:30)</p>	