

SUN	MON	TUE	WED	THUR	FRI	SAT	
			<i>New Year's Day Life Enrichment Office is Closed</i> 1:30 Exercise with Michelle B. (Activity Room) 2:30 Music with Marty Goodman! (MPR) 3:00 NOSH (Activity Room) 3:00 Visit with Hebrew Day School Students! (MPR) 4:00 Menorah Lighting with Rabbi Polter (Lobby) 5:30 Movie: (Activity Room)	1 10:30 Continued Education (Activity Room) 11:00 Arts and Crafts With Stuart (M.P.R.) 12:30 Exercise with Michelle O. (Activity Room) 2:00 Let's Make Challah Bread Together! (Multipurpose Room (MPR)) 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 5:30 Movie: (Activity Room)	2 10:30 Continued Education (Activity Room) 11:00 Arts and Crafts With Stuart (M.P.R.) 12:30 Exercise with Michelle O. (Activity Room) 2:00 Let's Make Challah Bread Together! (Multipurpose Room (MPR)) 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 5:30 Movie: (Activity Room)	3 10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 1:00 Exercise with Michelle B. (Activity Room) 2:00 Daily Chronicle (Activity Room) 2:45 NOSH (Activity Room) 3:00 Recreational Therapy (Activity Room) 4:30 Dinner 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))	4 <i>Shabbat Shalom!</i>
5 1:00 Elemental Band Performs Live! (MPR)	6 10:30 Continued Education 1:00 Exercise with Michelle B. (Activity Room) 1:30 Music Enrichment with Julie! (Activity Room) 3:00 NOSH (Activity Room) 3:30 Puzzles/Adult Coloring/Fill In the Blank (Activity Room) 5:30 Movie: (Activity Room)	7 10:30 Classical Music Hour (Activity Room) 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)	8 10:30 Continued Education (Activity Room) 1:00 Exercise with Michelle B. (Activity Room) 2:00 Arts and Crafts (Activity Room) 3:00 NOSH (Activity Room) 3:30 Bingo! (Activity Room) 5:30 Movie: (Activity Room)	9 10:30 Continued Education (Activity Room) 12:30 Exercise with Michelle O. (Activity Room) 1:30 Snack Time with Elizabeth! (MPR) 2:00 Let's Make Challah Bread Together! (Multipurpose Room (MPR)) 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 5:30 Movie: (Activity Room)	10 10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 1:00 Exercise with Michelle B. (Activity Room) 2:15 Su's News (Activity Room) 2:45 NOSH (Activity Room) 3:00 Recreational Therapy (Activity Room) 4:30 Dinner 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))	11 <i>Shabbat Shalom!</i>	
12 2:30 Henrik Performs Live! (MPR)	13 10:30 Continued Education 1:00 Exercise with Michelle B. (Activity Room) 2:00 Daily Chronicle (Activity Room) 3:00 NOSH (Activity Room) 3:30 Puzzles/Adult Coloring/Fill In the Blank (Activity Room) 5:30 Movie: (Activity Room)	14 10:30 Classical Music Hour (Activity Room) 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)	15 10:30 Continued Education (Activity Room) 12:30 Avy Schreiber Performs Live! (Activity Room) 1:30 Exercise with Michelle B. (Activity Room) 2:00 Violin with Mark Landau (Activity Room) 3:00 NOSH (Activity Room) 3:30 Music with Julie! (Activity Room) 5:30 Movie: (Activity Room)	16 10:30 Continued Education (Activity Room) 12:30 Exercise with Michelle O. (Activity Room) 2:00 Let's Make Challah Bread Together! (Multipurpose Room (MPR)) 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 5:30 Movie: (Activity Room)	17 10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 1:00 Exercise with Michelle B. (Activity Room) 2:00 Daily Chronicle (Activity Room) 2:45 NOSH (Activity Room) 3:00 Recreational Therapy (Activity Room) 4:30 Dinner 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))	18 <i>Shabbat Shalom!</i>	
19 11:00 Bingo with Temple Beth El Volunteers for The Day of Justice (MPR) 20 2:30 Dana Stern Performs Live! (MPR)	<i>Martin Luther King Jr. Day</i> 11:00 Bingo with Jewish Frankel Academy Students! (MPR) 1:00 Exercise with Michelle B. (Activity Room) 1:30 Music Enrichment with Julie! (Activity Room) 3:00 NOSH (Activity Room) 3:30 Puzzles/Adult Coloring/Fill In the Blank (Activity Room) 5:30 Movie: (Activity Room)	21 10:30 Classical Music Hour (Activity Room) 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)	22 10:30 Continued Education (Activity Room) 1:00 Exercise with Michelle B. (Activity Room) 2:00 Arts and Crafts (Activity Room) 3:00 NOSH (Activity Room) 3:30 Bingo! (Activity Room) 5:30 Movie: (Activity Room)	23 10:30 Continued Education (Activity Room) 12:30 Exercise with Michelle O. (Activity Room) 2:00 Travelogue: Oxford, England 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 3:30 January Birthday Party! (MPR) 5:30 Movie: (Activity Room)	24 10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 1:00 Exercise with Michelle B. (Activity Room) 2:00 Daily Chronicle (Activity Room) 2:45 NOSH (Activity Room) 3:00 Recreational Therapy (Activity Room) 4:30 Dinner 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))	25 <i>Shabbat Shalom!</i>	
26 2:30 Freestyle Sax Duet Performs Live!	27 10:30 Continued Education 1:00 Exercise with Michelle B. (Activity Room) 2:00 Daily Chronicle (Activity Room) 3:00 NOSH (Activity Room) 3:30 Puzzles/Adult Coloring/Fill In the Blank (Activity Room) 5:30 Movie: (Activity Room)	28 10:30 Classical Music Hour (Activity Room) 12:30 Exercise with Michelle O 1:30 Crossword Puzzles/ Brain Enhancing Activities (Activity Room) 2:45 NOSH (Activity Room) 3:00 Torah Talk with Rabbi Polter (Activity Room) 3:30 Weekly Afternoon Prayer Session (Activity Room) 5:30 Movie: (Activity Room)	29 10:30 Continued Education (Activity Room) 10:30 Music with Julie! (Activity Room) 1:00 Exercise with Michelle B. (Activity Room) 2:00 Violin with Mark Landau (Activity Room) 3:00 NOSH (Activity Room) 3:30 Bingo! (Activity Room) 5:30 Movie: (Activity Room)	30 10:30 Continued Education (Activity Room) 12:30 Exercise with Michelle O. (Activity Room) 2:00 Travelogue: Scottish Highlands 3:00 NOSH (Activity Room) 3:30 Conversations and Crosswords (Activity Room) 5:30 Movie: (Activity Room)	31 10:30 Torah Talk and Shabbat Celebration with Rabbi Polter (Activity Room) 1:00 Exercise with Michelle B. (Activity Room) 2:00 Daily Chronicle (Activity Room) 2:45 NOSH (Activity Room) 3:00 Recreational Therapy (Activity Room) 4:30 Dinner 6:00 Virtual Kabbalat Shabbat Service (Activity Room (channel 951))		

January 2025