February 2025

Prentis Building Jewish Senior

Bella Kozel, Front Desk - (248) Cassidu Whipple I ife Enrichment (948)

•	Jewish Jehlor	
967 4240 592 1128 (18881 LIFE	
	Saturday	

(C2F) = Coville Second Floor

					<i>iChM<u>e</u>nt</i>	
<u>Sunday</u>	M <u>o</u> nd <u>a</u> y	<u>Tuesday</u>	(Vednesday	Thursday	Friday	Saturday
Yad Ezra Bus Trips are so Monday, Feb Monday, Febr Wednesday, Fe YOUR RESIDENT SERVICE COORDIN	IENT RECARDING YAD ETRA scheduled for 9:30 a.m. on: bruary 3 rd , 2025 ruary 17 th , 2025 ebruary 26 th , 2025 NATOR WILL REACH YOU TO CONFIRM T BE A SIGN UP IN THE BUS TRIP.	This Resident BINGO has been r The Staff kindly asks BINGO particip <u>Fitness Class to</u> If Michelle's class is disrupted by BING bac	EGARDING MONDAY 12 P.M. BINGO moved back to 12 p.m. at residents' request. pants wait until Michelle has finished her 12 p.m. enter the Community Room. GO participants, we will be forced to move BINGO ck to 12:30 p.m. sipants and allow them to fully enjoy their activity.	HISTOR	ACK Y MONTH	1 Shabbat Ends at 6:31 p.m. 3:45 Shabbat with Rabbi Polter (C2F) 6:30 Movie Night (CR) Whitney Houston: I Wanna Dance with Somebody (2022)
2 Groundhog's Day	3 <mark>Sign up Due: Super Bowl Party</mark>	4	5	6 <mark>Sign up Due: Tu B'Shevat Seder</mark>	7 Shabbat Begins 5:37 p.m.	8 Shabbat Ends 6:39 p.m.
11:00 Bus Trip: Detroit's Winter Blast in Downtown Royal Oak Free Admission! Winter Activities, Live Entertainment and local restaurants to try! 2:00 Non-Denominational Church Services (MPR)	11:30 Chair Fitness (CR) 12:00 Resident BINGO (CR) 1:30 Marion Anderson: <i>The Whole World in Her Hands</i> (CR) 3:00 Jeopardy (CR)	10:00 Bus Trip: Kroger, Aldi and Grove Kosher Market 12:00 MB Fitness (CR) 1:00 Current Events (CR) 3:00 Mind Masters (CR) 6:00 Canasta (CR)	10:00 Bus Trip: Meijer 12:00 Balance in Action (CR) 1:00 Healthy Living (CR) 2:00 Our Ever-Changing Life (En) (CR) 3:00 BINGO (CR)	10:00 Bus Trip: Bank & Dollar Tree 12:00 Chair Yoga (CR) 12:30 Bus Trip: Trini and Carmen's 1:30 Concert: Cheryll Johnson (DR) 2:00 Thoughtful Thursdays (CR) 3:00 Let's Plan! (CR) 6:00 Rummikub (CR)	Sign up Due: Valentine's Karaoke, Underground Railroad Museum 10:00 Chair Fitness (CR) 12:00 Resident BINGO (CR) 1:30 Travelogue: Dubai, United Arab Emirates (CR) 3:00 Movie: Remember the Titans (CR) 3:00 Texas Hold'em (6F) 5:00 Candle Lighting (DR)	3:45 Shabbat with Rabbi Polter (C2F) 6:30 Movie Night (CR) Flight (2012)
9 Super Bowl Sunday	10	11	12 Erev Tu B'Shevat	13 Tu B'Shevat	14 Shabbat Begins 5:46 p.m.	15 Shabbat Ends 6:48 p.m.
2:00 Non-Denominational Church Services (MPR) 6:00 Super Bowl LIX (CR)	10:00 Bus Trip: Polish Market 11:30 Chair Fitness (CR) 12:00 Resident BINGO (CR) 1:30 Super Bowl Party (CR) Wear Your Lion's Gear! 3:00 Jeopardy (CR)	10:00 Bus Trip: Target and Kohl's 12:00 MB Fitness (CR) 1:00 Current Events (CR) 3:00 Mind Masters (CR) 6:00 Canasta (CR)	10:00 Bus Trip: Walmart 12:00 Balance in Action (CR) 1:00 Healthy Living (CR) 3:00 BINGO (CR)	10:00 Bus Trip: Bank & Dollar Tree 12:00 Chair Yoga (CR) 12:30 Bus Trip: Buddy's Pizza 1:00 Active Assailant Training (CR) Hosted by Security, Jared 2:00 Thoughtful Thursdays (CR) Tu B'Shevat Seder 3:00 Let's Plan! (CR)	Valentine's Day 10:00 Chair Fitness (CR) 12:00 Resident BINGO (CR) 12:30 Bus Trip: MGM Grand 1:00 Memory Group (CR) 1:30 Blood Pressure Clinic (PRC) 2:30 Valentine's Day Karaoke (CR) 5:00 Candle Lighting (DR)	3:45 Shabbat with Rabbi Polter (C2F) 6:30 Movie Night (CR) Cadillac Records (2008)
16	17 President's Day	18	19	20 Love Your Pet Day Sign up Due: Birthday Party	21 Shabbat Begins 5:55 p.m. Bridge Card Meal Payments	22 Shabbat Ends 6:56 p.m.
2:00 Non-Denominational Church Services (MPR)	11:30 Chair Fitness (CR) 12:00 Resident BINGO (CR) 1:00 Junk Journaling Club (6F) 3:00 Jeopardy: US Presidents (CR)	10:00 Bus Trip: Meijer Supercenter 11:00 Wellness with JCARE (CR) 12:00 MB Fitness (CR) 1:00 Current Events (CR) 3:00 Mind Masters (CR) 6:00 Canasta (CR)	11:30 Coping with Depression (CR) 12:00 Balance in Action (6F) 1:00 Healthy Living (CR) 2:00 Our Ever-Changing Life (Ru) (CR) 3:00 BINGO (CR)	10:00 Bus Trip: Bank & Dollar Tree 12:00 Chair Yoga (CR) 12:30 Bus Trip: Golden Corral 1:30 Living Here 101 (CR) 3:00 Let's Plan! (CR) 6:00 Rummikub (CR)	10:00 Bus Trip: Underground Railroad Living Museum Tickets: \$12 plus bus fare (\$2) Lunch at the Museum (\$10) SEE THE NEWSLETTER! 10:00 Chair Fitness (CR) 12:00 Resident BINGO (CR) 1:30 Concert: Vanessa Carr (DR) 3:00 Texas Hold'em (6F) 5:00 Candle Lighting (DR)	3:45 Shabbat with Rabbi Polter (C2F) 6:30 Movie Night (CR) Dream Girls (2006)
23	24	25	26	27	28 Shabbat Begins 6:03 p.m.	<u>Locatio</u> n Key
2:00 Non-Denominational Church Services (MPR)	11:30 Chair Fitness (CR) 12:00 Bus Trip: Meer Apartments	10:00 Bus Trip: Kroger Marketplace 12:00 MB Fitness (CR) 1:00 Current Events (CR) 3:00 Happy Hour (6F) 6:00 Canasta (CR)	11:00 Lockdown Drill COMMUNITY WIDE 12:00 Balance in Action (CR) 1:00 Healthy Living (CR) 1:00 Knit with Purpose (6F) 2:00 Bus Trip: Hechtman Apt. Jewish History with Tova (H1AR) Jews in the Civil Rights Movement 3:00 Movie: One Night in Miami (CR)	10:00 Bus Trip: Walmart 11:00 Dining Room Meeting (DR) 12:00 Chair Yoga (CR) 1:00 Birthday Party (6F) 2:00 Thoughtful Thursdays (CR) 3:00 Let's Plan! (CR) 6:00 Rummikub (CR)	10:00 Bus Trip: Bank and Dollar Tree 10:00 Chair Fitness (CR) 12:00 Resident BINGO (CR) 12:30 Bus Trip: African Market 1:00 Memory Group (CR) 1:30 Blood Pressure Clinic (PRC) 2:00 Pets: Our Companions and Our Healers (CR) 3:00 Texas Hold'em (6F) 5:00 Candle Lighting (DR)	(FD) = Front Desk (CR) = Community Room (6F) = Phase I 6 th Floor Classroom (DR) = Dining Room (MPR) = Teitel Multipurpose Room (PLB) = Library (PRC) = Powerback Rehab Clinic (TDR) = Teitel Dining Room (PAN) = Prentis Pantry (H1AR) = Hechtman I Activity Room (COE) Covilla Second Floor