

# February 2025



# Teitel

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	<b>Room Key</b> TDR-Teitel Dining Room TFO-Teitel Front Office MR-Media Room MPR-Multi Purpose Room WG-Winter Garden TL-Teitel Library	<b>Announcements</b> YAD EZRA 2/3/2025 2/17/2025 & 2/26/2025 Only persons names that are on the List will be going. Please check with your RSC for days and times you are to visit. 9:30 Departure	<b>Announcements</b> Podiatrist -Dr. Guy Saperstein, Will be visiting those who have signed up. 9:30-10.00am Tuesday February 4 <sup>th</sup> . You must have Registration form filled out entirely and must be in apt. to be seen. Please read your newsletter and see RSC for more information			<b>1</b>  Shabbat Ends 6: 31pm
<b>2 Detroit Winter Blast Downtown Royal Oak</b> Free/11:00 Departure-See Newsletter for Details Live Entertainment/Restaurants <b>Ground Hog Day</b>  2:00 Non-Denominational Services-MR	<b>3 Sign up due for Superbowl Party</b> 10a-PRC Meet and Greet-TDR Home Care/Hospice-Snacks 12:00 Chair Fitness-W/G <b>1:00 Bingo w/Cheryl MPR</b> 2:00-Conversations Eng. MR w/ Larissa 2: 00-Movie-Groundhog Day-MPR	<b>4 Podiatrist Visit 9:30-10a</b> 11:00 Bus Trip-Kroger Aldi/Grove <b>11:00 Benefits of Walking-MPR Contest Registration w/Joey</b> 12:45 MB Fitness (WG) 1:00 Everyday English (MR) 2:00 Jeopardy-MPR 3:00 Concentration Puzzles-MPR	<b>5</b> 11:00 Bus Trip- Meijers 1:00 Resident Council Meeting-TDR 12:30 Chair Yoga w/ Lindsay-MR 2:00 Bingo w/Cheryl -MPR 3:00 Concentration Puzzles-MPR	<b>6 Sign up due - Seder Event</b> 10:00-Bus Trip- Bank /Dollar Tree 11:00 Balance in Action-MPR 12:30-Trip-Trini and Carmen's 1:00 Everyday English (MR)w/Jeff 2:00 Jeopardy/Trivia-MPR 3:00 Thoughtful Thursday w/ Rabbi Polter-W/G area	<b>7 Sign up due date for Underground Railroad Living Museum Outing</b> 11:30 Chair Fitness-W/G 1:30 Super Bowl Party-MPR  Shabbat begins at 5:37 pm	<b>8</b>  Shabbat Ends 6:39pm
<b>9 SUPERBOWL SUNDAY</b>  2:00 Non-Denominational Services-MR  6:30 Superbowl LIX-Media Room	<b>10</b> 10:00 -Bus Trip Polish Market 12:00 Chair Fitness (WG) w/ Cardio Drumming 1:00 Bingo w/Cheryl-MPR 2:00-Conversational English w/Larissa in MR	<b>11</b> 11:00 Bus Trip-Target/Kohls 12:45 MB Fitness (WG) 1:00 Everyday English (MR) 2:00 Jeopardy/Trivia MPR 3:00 Concentration Puzzles-MPR	<b>12 Erev Tu B' Shevat</b> 11:00 Bus Trip-Walmart 12:30 Chair Yoga w/Lindsay-MR 2:00 Bingo-w/ Cheryl-MPR	<b>13 Tu B' Shevat</b> 10:00: Bus Trip- Bank/ \$ Tree 11:00Balance in Action-MPR 12:30 Bus Trip- Buddy's Pizza 2:00 Jeopardy/Trivia-MPR 3:00-Thoughtful Thursday w/Rabbi Polter-W/G Area	<b>14 Hearts Day</b> 11:30 Chair Fitness-W/G <b>12:30-Bus Trip-MGM Casino</b> 3:00 Jeopardy Games/Trivia 3:30 Valentine Social-MPR  Shabbat begins at 5:46pm	<b>15</b>  Shabbat Ends 6:48pm
<b>16</b>  2:00 Non-Denominational Services-MR	<b>17 Bridge Card Payments President's Day</b> 12:00 Chair Fitness (WG) w/ Cardio Drumming 1:00 Bingo w/Cheryl-MPR 2:00-Conversational English w/Larissa in MR 2:00-Presidential Trivia-MPR	<b>18</b> 11:00 Bus Trip-Meijer Supercenter 12:45 MB Fitness (WG) 1:00 Everyday English (MR) 2:00 Jeopardy/Trivia-MPR 3:00 Concentration Puzzles-MPR	<b>19 Coville Bus Trip Black History Movie Matinee</b> <b>11:00 The Lena Baker Story</b> Played by: Tichina Arnold/MPR/Popcorn served 12:30 Chair Yoga w/Lindsay-MR 2:00 Bingo w/ Cheryl-MPR 3:00 Concentration Puzzles-MPR	<b>20 sign up due for BD party</b> 11:00-Bus -Bank/\$ Tree 11:00 Balance in Action-MPR <b>12:30 Bus Trip-Golden Coral</b> 12:30 Nutrition Class-MPR 3:00-Thoughtful Thursday w/Rabbi Polter-W/G Area	<b>21 Bridge Card Payments</b> <b>10:00-Bus Trip Departure</b> Underground RailRoad Living Museum \$12 see your newsletter 11:30 Chair Fitness-W/G 12:00-Vanessa Carr-TDR 3:00 Jeopardy/Trivia -MPR Shabbat begins at 5:55pm	<b>22</b>  Shabbat Ends 6:56pm
<b>23</b>  2:00 Non-Denominational Services-MR	<b>24</b> 12:00 Chair Fitness (W/G) <b>12:00 Café Europa Concert Meer/West Bloomfield</b> Concert by Michigan Board Canters 1:00 Bingo w/Cheryl-MPR <b>2:15 Resident Meeting -TDR w/Jennifer and Team</b>	<b>25 Ladies Spa Day</b> 11:00 Bus Trip-KrogerMarketplace <b>11:00 Dining Meeting w/Kelly-TD</b> 12:45 MB Fitness-WG 1:00 Everyday English-w/ Jeff MR 2:00 Relax while listening to jazz as you treat yourself to our nail spa. hand soak, polish, -MPR	<b>26</b> 12:30 Chair Yoga w/Lindsay-MR 2:00 Bingo w/Cheryl-MPR 2:00 -Bus Trip to Hechtman West Bloomfield-Documentary Jewish History w/ Tova(H1AR) Jews in the Civil Right Movement	<b>27</b> <b>11:00 Bus Trip -Walmart</b> 11:00 Balance in Action-MPR <b>1:00-Residents Monthly Birthday Celebration</b> 2:00 Jeopardy/Trivia-MPR 3:00 Thoughtful Thursday w/Rabbi Polter-W/G Area	<b>28</b> 10:00-Bus Trip-Bank/Dollar Tree 11:30 Chair Fitness-W/G 12:30-bus Trip-African Market 2:00 Bingo w/Friends 3:00 Jeopardy/Trivia -MPR Sahbbat begins at 6:30pm	<b>Announcements</b> Beauty Shop Tuesdays and Wednesdays Appointments Only Call (248) 914-8849

