Jewish Senior Hechtman Apartments – April 2025 Authorier Malife						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Passover begins Saturday night, April 12		1 11:00 Sit & Fit w/ Michelle O 12:00 Tova's Travelogue: Museums Of Paris 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	12:00 Age In Motion w/ Powerback 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 3:00 Variety Hour: Rowan & Martin's Laugh-In	11:00 Sit & Fit w/ Michelle O 3:00 Free Bingo w/ Tova 6:30 Conversational English w/ Kendra (Library) 7:30 Movie: A Complete Unknown	11:00 Movie: Coach Carter (Library) 12:00 Exercise w/ Michelle B 1:00 Tigers Opening Day Party 1:00 A Touch of Shabbat w/ R. Polter (Library)	2:00 Recorded Dance: Baryshnikov Dances Sinatra
	11:00 Visit & Passover Activity w/ Farber Students 12:30 Dor L'Dor Visit w/ Hillel Students: Passover 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B 3:30 Chair Yoga w/ Bharti	11:00 Sit & Fit w/ Michelle O 12:45 Henrik Karapetyan Plays Violin 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	11:00 Cooking w/ Elizabeth: Strawberry- Spinach Salad, Group 1 (H2 Coffee Room; must sign up) 12:30 Stretch & Relax w/ Powerback 2:30 "Medicare 101 By Humana" w/ Jerry Samona 4:30 Out Trip: Dinner @ Rainbow Chinese Restaurant (must sign up)	11:00 Sit & Fit w/ Michelle O 12:30 Beading w/ Carol C (Library; must sign up) 1:00 Cooking w/ Elizabeth: Strawberry-Spinach Salad, Group 2 (H2 Coffee Room; must sign up) 6:30 Conversational English w/ Kendra (Library) 7:30 Movie: Fatherhood	11:00 Artwork w/ Ashley: Painted Rock Succulents, Group 1 (must sign up) 12:00 Exercise w/ Michelle B 2:00 Movie: The Princess Bride 7:00 Recorded Concert: Tony Bennett Live in 1991	FIRST SEDER 3:00 Seder w/ Ruthe & Adele
PASSOVER - DAY 1  SECOND SEDER  3:00 Seder w/ Adele & Mike	PASSOVER – DAY 2  11:00 Passover Movie: The Prince Of Egypt  1:00 Brain Power w/ Sandy (Library)	11:00 Sit & Fit w/ Michelle O 12:00 Blood Pressure Checks & Health Education w/ The Medical Team: Parkinson's Disease 2:00 Tova's Travelogue: Cairo, Egypt 7:15 Bingo w/ Bonnie, Danny, & Sandy	11:00 Crafting w/ Tova: Mosaic Picture Frames, Group 1 (must sign up) 12:30 Stretch & Relax w/ Powerback 1:30 News & Views w/ Su	10:00 Out Trip: Detroit Institute of Arts (must sign up) 10:00 West Bloomfield Pop-Up Library w/ Emily (Library) 11:00 Sit & Fit w/ Michelle O 3:00 Free Bingo w/ Tova 6:30 Conversational English w/ Kendra (Library) 7:30 Documentary: Cat Tales	11:00 Music Around The World w/ Tova: Passover Songs & Parodies 1:00 Food Committee Meeting (Fireside Lounge) 2:00 Movie: Mrs. Doubtfire	PASSOVER – DAY 7  2:00 Recorded Musical: Easter Parade
PASSOVER – DAY 8 EASTER	11:00 Current Events w/ Linda (Library) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B 3:30 Chair Yoga w/ Bharti 7:15 Resident Council Birthday Party w/ Dana Stern	11:00 Sit & Fit w/ Michelle O 12:00 Nutrition & Snacks w/ Elizabeth: Digestive Health 1:30 Health Education w/ Jcare & Homestead: Heart Health 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	11:00 Artwork w/ Ashley: Painted Rock Succulents, Group 2 (must sign up) 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 4:30 Out Trip: Dinner @ Rainbow Chinese Restaurant (must sign up)	11:00 Sit & Fit w/ Michelle O 11:30 Out Trip: Lunch @ Soul Café (must sign up) 12:30 Beading w/ Carol C (Library; must sign up) 2:30 Yom HaShoah Holocaust Memorial Service w/ Dr. Silow 6:30 Conversational English w/ Kendra (Library) 7:30 Movie: White Bird	11:00 Crafting w/ Tova: Mosaic Picture Frames, Group 2 (must sign up) 2:00 Book Club Meeting w/ Emily: The Violin Conspiracy (Library) 7:00 Movie: Going In Style	26
1:00 WB Campus Open House 1:00 Cheryll Johnson Sings	12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B	11:00 Sit & Fit w/ Michelle O 2:00 Classic Matinee & Snack: Casablanca 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge)	Easter is Sunday, April 20		