Jewish Senior March 2025 Jewish Senior March 2025						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2 2:30 Free Bingo w/ Temple Kol Ami Sisterhood	3 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B 7:00 Readers' Theatre Practice w/ Harriett & Adele	4 11:00 Sit & Fit w/ Michelle O 12:00 Tova's Travelogue: <i>The Ten</i> <i>Best Places in Alaska</i> 2:00 Michelle Held Sings & Plays Guitar 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	5 12:00 Age In Motion w/ Powerback 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 3:00 Variety Hour: <i>The Carol Burnett</i> <i>Show</i> 4:30 Out Trip: <i>Dinner</i> @ <i>Crispelli's</i> (must sign up)	6 11:00 Sit & Fit w/ Michelle O 3:00 Free Bingo w/ Tova 6:30 Conversational English w/ Kendra (Library) 7:30 Movie: <i>Outbreak</i>	7 11:00 Crafting w/ Tova: <i>Purim</i> <i>Collage Masks, Group 1</i> (must sign up) 1:00 A Touch of Shabbat w/ R. Polter (H1 AR) 2:00 Murdle w/ Emily (H1 AR)	1 2:00 Recorded Dance: <i>Rhythm Of</i> <i>The Dance</i>
9 DAYLIGHT SAVING TIME BEGINS	10 10:30 Purim Treasure Hunt (H1 AR) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B 7:00 Readers' Theatre Practice w/ Harriett & Adele	11 11:00 Sit & Fit w/ Michelle O 1:00 Cooking w/ Elizabeth: <i>Three-Ingredient Banana Pancakes, Group</i> 1 (H2 Coffee Room; must sign up) 2:00 Crafting w/ Tova: <i>Purim</i> <i>Collage Masks, Group</i> 2 (must sign up) 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	12 11:00 Cooking w/ Elizabeth: <i>Three- Ingredient Banana Pancakes, Group 2</i> (H2 Coffee Room; must sign up) 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 3:00 We All Matter Discussion w/ Tova: <i>What Spring Means To You</i>	13 11:00 Sit & Fit w/ Michelle O 12:30 Beading w/ Carol C (Library; must sign up) 3:00 Jewish History w/ Tova: <i>The</i> <i>History of Reform Judaism, Part 1</i> 6:30 Conversational English w/ Kendra (Library) PURIM 8:00 Festive Megillah Reading w/ The Shul	14 PURIM 11:30 Megillah Reading w/ R. Polter (Library) 12:30 Dor L'Dor Visit w/ Hillel Students: <i>Purim</i> (Fleischman MPR) 12:30 Purim Party & Lunch w/ Avy Schreiber (<i>music</i> @ 1:00) 7:00 Movie: <i>Kate & Leopold</i>	15
16	17 11:00 Current Events w/ Linda (Library) 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B 3:30 Chair Yoga w/ Bharti 7:00 Readers' Theatre Practice w/ Harriett & Adele	18 11:00 Sit & Fit w/ Michelle O 12:00 Blood Pressure Checks & Health Education w/ The Medical Team: <i>Cardio Drumming & Movement</i> 2:00 Resident Council Meeting 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	19 11:00 Music Around The World w/ Tova: <i>Traditional Irish Music</i> 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 2:30 Jerry Van Hellemont Sings, Plays Saxophone 4:30 Out Trip: <i>Dinner</i> @ <i>Crispelli's</i> (must sign up)	20 10:00 Out Trip: <i>Motor City Casino</i> (must sign up) 10:00 West Bloomfield Pop-Up Library w/ Emily (Library) 11:00 Sit & Fit w/ Michelle O 3:00 Free Bingo w/ Tova 6:30 Conversational English w/ Kendra (Library) 7:30 Documentary: <i>What Are UFOs?</i>	21 11:00 Fire & Fall Prevention Education w/ WB Fire Dept. 1:00 A Touch of Shabbat w/ R. Polter (Library) 1:00 Food Committee Meeting (Fireside Lounge)	22 2:00 Recorded Musical: <i>The</i> <i>Commitments</i>
23 11:00 Chair Tap Dancing w/ Ericka (must sign up)	24 11:00 Nutrition & Snacks w/ Elizabeth: <i>Healthy Snacking</i> 12:00 Exercise w/ Michelle B 2:15 Bingo w/ Carol B 3:30 Chair Yoga w/ Bharti 7:00 Readers' Theatre Practice w/ Harriett & Adele	25 11:00 Sit & Fit w/ Michelle O 12:00 Tova's Travelogue: Seven Days in Albania 1:30 Health Education w/ Jcare & Homestead: Dehydration 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy	26 11:00 Artwork w/ Ashley: <i>Pinecone</i> <i>Flower Frames, Part 1</i> (must sign up, must attend both classes) 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Jackie & Heather (Fireside Lounge) 2:00 Classic Matinee & Snack: <i>12 Angry</i> <i>Men</i> 7:30 Readers' Theatre Performance	27 10:00 Out Trip: <i>Michigan Flight</i> <i>Museum & Lunch @ Leo's Coney</i> <i>Island</i> (must sign up) 11:00 Sit & Fit w/ Michelle O 12:30 Beading w/ Carol C (Library; must sign up) 6:30 Conversational English w/ Kendra (Library) 7:30 Movie: <i>Goodrich</i>	28 11:00 Artwork w/ Ashley: <i>Pinecone Flower Frames, Part</i> 2 (must sign up, must attend both classes) 2:00 Book Club Meeting w/ Emily: <i>The Only Woman In The</i> <i>Room</i> (Library) 7:00 Recorded Concert: <i>Elvis</i> <i>Presley: Aloha From Hawaii</i>	29 7:00 Bingo w/ Ruthe & Stephen
30	31 12:00 Exercise w/ Michelle B 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Carol B	Spri	ng begins Tl	hursday, M	Iarch 20	