



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1</b> 2:00 Non-denominational Church Service (MPR)	<b>2 PURIM begins at sundown</b> 11:30 Chair Fitness (CR) 12:00 BINGO (CR) <b>12:00 Bus to the Bank, Aldi, Grove.</b> <b>5:00 Storytelling with Laura (CR)</b> <b>7:00 "Bel Canto" Choir rehearsal (CR)</b>	<b>3 PURIM ends at nightfall</b> <b>10:00 Bus to the Bank, Dollar Tree</b> <b>11:00 PURIM Megillah, Chronical of Esther (CR)</b> <b>11:45 MB Fitness (CR)</b> 1:00 Current Events w/Alan (CR) <b>2:00 ESL for Beginners, group 1(6F)</b> 3:00 Mind Masters (CR)	<b>4</b> <b>11:00 Bus to Glory Market</b> 12:30 Balance in Action (CR) <b>2:00 ESL for Beginners, group 2(6F)</b> 3:00 BINGO (CR)	<b>5</b> <b>10:00 Bus to the Bank &amp; Dollar Tree</b> 12:00 Chair Yoga (CR) <b>1:00 "Coloring Mandalas" (6F)</b> <b>2:00 – 5:00 Coville event ("Gabriel" Training) (6F)</b> 3:00 Thoughtful Thursdays (CR)	<b>6</b> 10:00 Chair Fitness (CR) 12:00 BINGO (CR) 1:30 Blood Pressure Clinic (PRC)  <i>Shabbat Begins at 6:11 p.m.</i>	<b>7</b> 3:45 Shabbat with Rabbi Polter (C2F) 6:30 Movie Night: "O Brother, Where Art Thou?" (2000), Comedy/Crime (CR)  <i>Shabbat Ends at 7:12 p.m.</i>
<b>8 Women's Day!</b> Set your clock 1 hour forward 	<b>9</b> <b>9:30 Bus to Yad Ezra</b> 11:30 Chair Fitness (CR) 12:00 BINGO (CR) <b>12:00 Bus to Walmart</b> <b>5:00 Storytelling with Laura (CR)</b> <b>7:00 "Bel Canto" Choir rehearsal (CR)</b>	<b>10</b> <b>10:00 Bus to the Bank &amp; Dollar Tree</b> <b>11:45 MB Fitness (CR)</b> 1:00 Current Events (CR) 3:00 Mind Masters (CR)	<b>11</b> <b>11:00 Bus to Kroger M-P</b> <b>11:15 Cardio Drumming -Joanne (CR)</b> <b>12:00 ESL for beginners, gr.1 (6F)</b> 12:30 Balance in Action (CR) <b>2:00 ESL for Beginners, gr. 2(6F)</b> 3:00 BINGO (CR)	<b>12</b> <b>10:00 Bus to the Bank &amp; Dollar Tree</b> 12:00 Chair Yoga (CR) 3:00 Thoughtful Thursdays (CR)	<b>13</b> 10:00 Chair Fitness (CR) 12:00 BINGO (CR) <b>1:00 Katie's Class (CR)</b> 1:30 Blood Pressure Clinic (PRC) <i>Shabbat Begins at 7:19p.m.</i>	<b>14</b> 3:45 Shabbat with Rabbi Polter (C2F) 6:30 Movie Night: "Me Before You" (2016) Romance/Drama (CR)  <i>Shabbat Ends at 8:20 p.m.</i>
<b>15</b> 2:00 Non-Denominational Church Services (MPR) <b>4:00 -5:00 Musical Entertainment. Vladimir Murkis. (CR)</b>	<b>16</b> <b>9:30 Bus to Yad Ezra</b> 11:30 Chair Fitness (CR) 12:00 BINGO (CR) <b>12:00 Bus to Meijers</b> <b>5:00 Storytelling with Laura (CR)</b> <b>7:00 "Bel Canto" Choir rehearsal (CR)</b>	<b>17</b> <b>10:00 Bus to the Bank &amp; Dollar Tree</b> <b>11:45 MB Fitness (CR)</b> 1:00 Current Events w/Alan (CR) 3:00 Mind Masters (CR)	<b>18</b> <b>11:00 Bus to Aldi &amp; Grove Market</b> <b>12:00 ESL for Beginners, gr.1 (6F)</b> 12:30 Balance in Action (CR) <b>2:00 "Poetry and Health" w/ Steve (CR)</b> <b>2:00 ESL for Beginners, gr. 2(6F)</b> 3:00 BINGO (CR)	<b>19</b> <b>10:00 Bus to the Bank &amp; Dollar Tree</b> 12:00 Chair Yoga (CR) <b>12:30 Nutrition Class with Elizabeth at Teitel</b> <b>1:00 "Coloring Mandalas" (6F)</b> 3:00 Thoughtful Thursdays (CR)	<b>20 First Day of Spring</b> 10:00 Chair Fitness (CR) 12:00 BINGO (CR) <b>1:00 Memory Group (Ru), CR</b> <b>3:00 Orientation for New Residents (CR).</b> <i>Shabbat Begins at 7:27 p.m.</i>	<b>21</b> 3:45 Shabbat with Rabbi Polter (C2F) 6:30 Movie Night: "Bella" (2007) Romance/Drama (CR).  <i>Shabbat Ends at 8:20 p.m.</i>
<b>22</b> 2:00 Non-Denominational Church Services (MPR)	<b>23 9:30 Bus to Yad Ezra</b> 11:30 Chair Fitness (CR) 12:00 BINGO (CR) <b>12:00 Bus to Kroger M.P.</b> <b>1:00 – 4:00 Coville Event (CR)</b> <b>5:00 Storytelling with Laura (CR)</b> <b>7:00 "Bel Canto" Choir rehearsal</b>	<b>24</b> <b>10:00 Bus to the Bank &amp; Dollar Tree</b> <b>11:45 MB Fitness (CR)</b> 1:00 Current Events w/Alan (CR) <b>2:00 ESL for Beginners, gr. 1 (6F)</b> 3:00 Mind Masters (CR)	<b>25</b> <b>COVILLE BUS TRIP</b> 12:30 Balance in Action (CR) <b>1:00 Knitting Club (PLB)</b> <b>2:00 ESL for Beginners, gr. 2(6F)</b> 3:00 BINGO	<b>26</b> <b>10:00 Bus to the Bank &amp; Dollar Tree</b> 12:00 Chair Yoga (CR) 3:00 Thoughtful Thursdays (CR)	<b>27</b> 10:00 Chair Fitness (CR) 12:00 BINGO (CR) 1:30 Blood Pressure Clinic (PRC) <b>1:30 Coville Concert, Ben Schlater, Steel Drums (CR)</b>  <i>Shabbat Begins at 7:35 p.m.</i>	<b>28</b> 3:45 Shabbat with Rabbi Polter (C2F) 6:30 Movie Night: "Wicked" (2024), Musical/Fantasy (CR)  <i>Shabbat Ends at 8:36 p.m.</i>
<b>29</b> 2:00 Non-denominational Church Services (MPR)	<b>30</b> <b>9:30 Bus to Yad Ezra</b> 11:30 Chair Fitness 12:00 BINGO <b>12:00 Bus to African Market, 9 Mile</b> <b>5:00 Storytelling with Laura (CR)</b> <b>7:00 "Bel Canto" Choir rehearsal (CR)</b>	<b>31</b> <b>10:00 Bus to the Bank &amp; Dollar Tree</b> <b>11:45 MB Fitness (CR)</b> 1:00 Current Events (CR) 3:00 Mind Masters (CR)	<b>As our bus trips have restarted, please start signing up for them in the sign-up book, 6 people for each trip from each building – Prentis and Teitel. Thank you, and enjoy your trips.</b>	Room Keys: CR – Community Room PDR Prentis Dining Room PLB - Prentis Library 6F – 6 <sup>th</sup> Floor Classroom at P I PRC – "Powerback" Clinic C2F – Coville, 2 <sup>nd</sup> Floor		<b>Announcement:</b> There will <b>not</b> be any bus trips on <b>Fridays</b> from <b>March to May of 2026</b>