

# March 2026

# Women's Day

# 3/8/26

# Teitel

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>1 Miss Ross Piano Class</b> <b>Students Recital</b> Teitel Dining Room  3:00-4:00p  No outside food or beverages <b>Church Services</b> 2:00 Non Denominational-	<b>2 Purim Begins @ Sundown</b>  10:00 Bus-/Bank /Aldi/Grove 10:00 Exercise You Tube-MPR 12:00 Chair Fitness-W/G- 1:00 Purim Mask Making-MPR And celebration of Purim 2:00-Conversatiion Eng. MR	<b>3 Purim Ends @ Nightfall</b>  10:00 <b>Bus-Bank /Dollar Tree</b> 10:00 Exercise You Tube-MPR 12:30 MB Fitness Class-MPR 1:00 Everyday English (MR) 1:30 Hot Topics w/ Cheryl-MPR 2:00 Movie Hour-MPR	<b>4</b>  11:00 Bus Trip-Glory Market 12:30 Chair Yoga w/Lindsay-MR 12:00 Resident Council Meeting-TDR	<b>5</b> 10:00 Exercise You Tube-MPR 10:00 <b>Bus Trip-Bank/Dollar T</b> 11:00 Balance in Action-W/G 1:00 Everyday English -MR 2:00 <b>Cinco Celebration-MPR</b> <b>New Entertainment-TDR</b> Tom & Angela Sheppard 2:00 Thoughtful Thursday W/G	<b>6</b> 10:00 Exercise You Tube-MPR  11:30 Chair Fitness/ W/G  Shabbat begins at 6:11pm	<b>7 All Movies @ 6pm</b> <b>Movies @ Prentis</b>  Snacks Served  Shabbat Ends at 7:12pm
<b>8 DAYLIGHT SAVINGS</b> <b>Vladimir Murkis</b> <b>International Women</b> <b>Day Celebration</b> 6:00-7:00p <b>Church Services</b> 2:00 Non Denominational -MR	<b>9 10:00 Bus-</b> 10:00 Exercise You Tube-MPR 10:00- <b>Bus Trip-Walmart</b> 12:00 Chair Fitness-W/G 2:00-Conversatiion Eng. MR w/ Larissa	<b>10</b> 10:00 Exercise You Tube-MPR 10:00- <b>Bus Trip- Bank/Dollar-T</b> 12:30 MB Fitness (WG) 1:00 Everyday English (MR) 1:30 Hot Topics w/Cheryl 2:00 Movie Time-MPR	<b>11</b> 10:00 Exercise YouTube-MPR 11:00 <b>Bus Trip- Kroger Marketplace</b> 12:30 Chair Yoga w/Lindsay-MR 12:00 -3:00 <b>Resident Council White Elephant and Bake Sale-MPR and WG area.</b> 1:00 <b>BINGO w/ Representative-MR-Coffee @ Donuts Provided</b>	<b>12</b> 10:00 Exercise You Tube-MPR 10:00 <b>Bus Trip-Bank/Dollar T</b> 11:00 Balance in Action-W/G 1:00 Everyday English (MR) 1:00 <b>Musical Entertainment/ MARCO/Oldies &amp; Goodies</b> 2:00 Thoughtful Thursday-WG	<b>13</b> 10:00 Exercise You Tube-MPR 11:30 <b>Chair Fitness/WG</b> 1:00 Memory Group-MR /Asya  Shabbat begins at 7:19pm	<b>14</b>  Shabbatt Ends 8:20pm
<b>15</b>  <b>Church Services</b> 2:00 Non-denominational Church Services-MR	<b>16</b> 10:00 Exercise You Tube-MPR 11:00 - <b>Bus Trip-Meijers</b> 12:00 Chair Fitness-W/G 1:00 <b>Conversational English w/ Larissa-MR</b>  3:00 Movie Hours-MPR	<b>17 PADDYS DAY</b> 10:00- <b>Bus- Bank/Dollar Tree</b> 10:00 Exercise You Tube-  12:30 MB Fitness (WG) 1:00 Everyday English (MR)1:30 Hot topics w/Cheryl-MPR 2:00 Paddy Day GamesTrivia-MPR	<b>18</b> 10:00 Exercise You Tube-MPR 11:00- <b>Bus -Aldi/Grove Market</b> 12:30 -Chair Yoga w/Lindsay-WG 2:00 Movie Hour-MPR	<b>19 Meds Presentation</b> 10:00 <b>Bus Trip Bank/Dollar T</b> 10:00 Exercise You Tube-MPR 11:00 Balance in Action-W/G 12:30 Nutrition Class-TDR 1:00 Everyday English-(MR) 1p <b>Med.Review/Joey-MPR</b> 2:00-Thoughtful Thursday W/G	<b>20 First Day of Spring</b> 10:00 Exercise You Tube-MPR 11:30 Chair Fitness/WG 3:00 Movie Hour-MPR  Shabbat begins at 7:27pm	<b>21</b>  Common Courtesy Day Be Polite to Someone Today  Shabbat Ends 8:20pm
<b>22</b>  <b>Church Services</b> 2:00 Non-denominational	<b>23</b> 10:00 Exercise --MPR 11:00 - <b>Bus Trip-Kroger M-P</b> 12:00 Chair Fitness-W/G 1:00 Café Europa Teitel Dining Room No outside food or drinks allowed	<b>24</b> 10:00 Excercise-You T-MPR 10:00 - <b>Bank/Dollar Tree</b> 12:30 MB Fitness (WG) 1:00 Everyday English (MR) 1:30 Hot Topics w/Cheryl-MPR	<b>25 COVILLE BUS TRIP</b>  10:00 Exercise You Tube-MPR 12:30 -Chair Yoga w/Lindsay-W 1:00 Residents Monthly Birthday Party Celebration MPR	<b>26</b> 10:00 <b>Bus Trip-Bank/D. T</b> 10:00 Exercise You Tube-MPR 2:00 Bingo w/Friends-MPR 2:00 <b>Thoughtful Thursday with Rabbi Polter-W/G Area</b>	<b>27</b> 10:00 Exercise You Tube-MPR 11:30 Chair Fitness-W/G  1:00-Memory Group-MR/Asya Shabbat begins at 7:35pm	<b>28</b>  Shabbat Ends 8:36pm
<b>29 Palm Sunday</b>   Church Services 2:00 Non-denominational	<b>30</b> 10:00-Excecise-MPR 11:00 - <b>Bus Trip-African Market-9mile</b> 12:00 Chair Fitness-W/G 2:00 <b>Conversational English w/ Larissa-MR</b>  3:00 Movie Hours-MPR	<b>31</b> 10:00 Excercise-You T-MPR 10:00 - <b>Bank/Dollar Tree</b> 12:30 MB Fitness (WG) 1:00 Everyday English (MR) 1:30 Hot Topics w/Cheryl-MPR	EXERCISE Daily 10:00-10:30   MPR	<b>ROOM KEY</b>  TDR-Teitel Dining Room TFO-Teitel Front Office MR-Media Room MPR-Multi Purpose Room WG-Winter Garden TL-Teitel Library	  Bus Trips will be minimum until our new driver get familiar with routes . no more than 5 bags per trip. You must be able to carry and lift bags. We will gradually pick up other stores and sites that you are accustomed to. Thank you for your patience.	

