

April 2026

Parkinsons Awareness

Teitel

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ANNOUNCEMENTS</p> <p>SECRETARY OF STATE RETURNS TO TEITEL APRIL 20,2026 10:15-3:00</p>	<p>BACK AGAIN</p> 	<p>PASSOVER</p> <p>Evening of Wed, Apr 1, 2026 -Thur. Apr 9, 2026</p>	<p>1 APRIL FOOLS DAY 11:00 Bus Trip-Meijers</p> <p>12:00 Garden /Resident Council Meeting in TDR Everyone is welcome to attend</p> <p>12:30 Chair Yoga w/Lindsay-MR</p> <p>2:00 share a Laugh-MPR Got Jokes? Lets hear them</p>	<p>2</p> <p>10:00 Exercise You Tube-MPR 10:00 Bus Trip-Bank/Dollar T</p> <p>11:00 Balance in Action-W/G</p> <p>1:00 Everyday English -MR</p> <p>1:00 Peanut Butter and Jelly Day-MPR/ let's get healthy</p> <p>2:00 Thoughtful Thursday W/G</p>	<p>3 GOOD FRIDAY</p> <p>10:00 Exercise You Tube-MPR</p> <p>11:30 Chair Fitness/ W/G</p> <p>TIGERS OPENING DAY DETROIT Wear your Tigers Gear</p> <p>1:30 Popcorn/Movie Day</p> <p>Imposter Pastor 2023-Comedy Or Resident Choice</p> <p>Shabbat begins at 6:11pm</p>	<p>4 ANNOUNCEMENTS</p> <p>All Movies @ 6pm</p> <p>Movies @ Prentis</p> <p>Snacks Served</p> <p>Check information boards for Movies Shown</p> <p>Shabbat Ends at 7:12pm</p>
<p>5 Church Services EASTER SUNDAY</p> <p>2:00 Non Denominational -MR</p>	<p>6 YAD EZRA CLOSED</p> <p>10:00 Exercise You Tube-MPR</p> <p>12:00-Bus Trip-Culvers 29970 Southfield Rd.</p> <p>12:00 Chair Fitness-W/G</p> <p>2:00-Conversatiion Eng. MR w/ Larissa</p>	<p>7 World Health Day</p> <p>10:00 Exercise You Tube-MPR</p> <p>10:00-Bus Trip- Cornerstone Plaza-Southfield/Greenfield</p> <p>12:30 MB Fitness (WG)</p> <p>1:00 Everyday English (MR)</p> <p>2:00-Group Walk Around Campus 3-5x (if weather permits) Meet up in Lobby by 1:50</p>	<p>8</p> <p>10:00 Exercise YouTube-MPR</p> <p>11:00 Bus Trip-Kroger</p> <p>12:30 Chair Yoga w/Lindsay-MR</p> <p>2:00 Movie Hour-MPR</p>	<p>9</p> <p>10:00 Exercise You Tube-MPR</p> <p>10:00 Bus Trip-Bank/Dollar T Grove Kosher Market</p> <p>11:00 Balance in Action-W/G</p> <p>1:00 Every day English (MR)</p> <p>1:00 Musical Entertainment Yancy Bryant Trio-TDR</p> <p>2:00 Thoughtful Thursday-WG</p>	<p>10</p> <p>10:00 Exercise You Tube-MPR</p> <p>11:30 Chair Fitness/WG</p> <p>1:00 Memory Group-MR /Asya</p> <p>Shabbat begins at 7:19pm</p>	<p>11 ANNOUNCEMENTS</p> <p>This calendar is subject to change due to circumstances, you will be notified of any changes made as soon as they become available to us.</p> <p>Shabatt Ends 8:20pm</p>
<p>12</p> <p>Church Services</p> <p>2:00 Non-denominational Church Services-MR</p>	<p>13</p> <p>10:00 Exercise You Tube-MPR</p> <p>12:00 -Bus Trip-Shields Pizza Southfield-25101 Telegraph</p> <p>12:00 Chair Fitness-W/G</p> <p>3:00 Movie Hours-MPR</p> <p>CAFÉ EUROPA W/BLOOMFIELD</p>	<p>14</p> <p>10:00-Bus- The Original House Of Pancakes/ 10 Mile Rd.</p> <p>10:00 You Tube Exercise- MPR</p> <p>12:30 MB Fitness (WG)</p> <p>1:00 Everyday English (MR)1:30 Hot topics w/Cheryl-MPR</p>	<p>15</p> <p>10:00 Exercise You Tube-MPR</p> <p>11:00-Bus -Walmart</p> <p>12:30 -Chair Yoga w/Lindsay-WG</p> <p>2:00 Movie Hour-MPR</p>	<p>16</p> <p>10:00 Bus Trip Bank/Dollar T</p> <p>10:00 Exercise You Tube-MPR</p> <p>11:00 Balance in Action-W/G</p> <p>1:00 Everyday English-(MR)</p> <p>2:00-Thoughtful Thursday W/G</p>	<p>17</p> <p>10:00 Exercise You Tube-MPR</p> <p>11:30 Chair Fitness/WG</p> <p>3:00 Movie Hour-MPR</p> <p>Shabbat begins at 7:27pm</p>	<p>18</p> <p>Shabbat Ends 8:20pm</p>
<p>19</p> <p>Church Services</p> <p>2:00 Non-denominational</p> <p>MPR_RESERVED</p>	<p>20</p> <p>10:00 Exercise --MPR</p> <p>12:00 -Bus Trip-Red Coat Tavern/Royal Oak 3152 Woodward</p> <p>12:00 Chair Fitness W/G</p> <p>Secretary of State 10:15-3p-TDR</p>	<p>21</p> <p>10:00 Excercise-You T-MPR</p> <p>10:00 Bus-African Market-9 MI</p> <p>12:30 MB Fitness (WG)</p> <p>1:00 Everyday English (MR)</p> <p>1:30 YT VIDEO shown for Israels Independence Day Of the land and establishments</p>	<p>22 ISRAEL INDEPENDENCE Ends</p> <p>10:00 Exercise You Tube-MPR</p> <p>11:00 Bus Trip-Polish Market 2938 Maple Road/Troy</p> <p>12:30- Chair Yoga w/Lindsay-MR</p> <p>2:00 Movie Hour-MPR</p>	<p>23</p> <p>10:00 Bus Trip-Bank-Dollar Tree/Aldi</p> <p>10:00 Exercise You Tube-MPR</p> <p>12:30- Nutrition Class-TDR</p> <p>2:00 Thoughtful Thursday with Rabbi Polter-W/G Area</p>	<p>24</p> <p>10:00 Exercise You Tube-MPR</p> <p>11:30 Chair Fitness-W/G</p> <p>1:00-Memory Group-MR/Asya</p> <p>Shabbat begins at 7:35pm</p>	<p>25</p> <p>Shabbat Ends 8:36pm</p>
<p>26</p> <p>Church Services</p> <p>2:00 Non-denominational</p>	<p>27</p> <p>10:00-Excecise-MPR</p> <p>12:00 -Bus Trip-Apple Bees /Southfield 29177 Southfield Road</p> <p>12:00 Chair Fitness-W/G</p> <p>2:00 Conversational English w/ Larissa-MR</p> <p>3:00 Movie Hours-MPR</p>	<p>28</p> <p>10:00 Excercise-You T-MPR</p> <p>10:00 Bus-Westborn Market Berley/ Woodward</p> <p>12:30 MB Fitness (WG)</p> <p>1:00 Everyday English (MR)</p> <p>1:30 Hot Topics w/Cheryl-MPR</p>	<p>29 COVILLE BUS TRIP</p> <p>10:00 Exercise You Tube-MPR</p> <p>12:30 -Chair Yoga w/Lindsay-WG</p> <p>1:00 Residents Monthly Birthday Celebration MPR</p>	<p>30</p> <p>10:00 Bus Trip Bank/Dollar T</p> <p>10:00 Exercise You Tube-MPR</p> <p>11:00 Balance in Action-W/G</p> <p>1:00 Everyday English-(MR)</p> <p>2:00-Thoughtful Thursday W/</p> <p>2:00 Thoughtful Thursday</p> <p>W/</p>		<p>ROOM KEY</p> <p>TDR-Teitel Dining Room TFO-Teitel Front Office MR-Media Room MPR-Multi Purpose Room WG-Winter Garden TL-Teitel Library</p>

