

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h2>Mother's Day is Sunday May 10th, 2026</h2> 					<p>1:00 A Touch of Shabbat w/ R. Polter (Library) 2:00 Free Bingo w/ Ashley (H1AR) 7:00 Recorded Concert: The Beach Boys Live in NYC (H1AR)</p>	<p>2:00 Movie: Steel Magnolias (H1AR)</p>
<p>3 11:00 Grand Friends w/ The Shul (H1AR)</p>	<p>4 10:30 Walking Club w/ Elizabeth (H2 Lobby) 12:00 Exercise w/ Michelle B (H1 AR) 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Elissa (H1 AR) 7:00 Readers Theater Practice (H1AR)</p>	<p>5 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:30 Rhythm Drumming w/ Michelle O (H1AR) 2:00 Music around the World: Spain 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy (H1 AR)</p>	<p>6 12:00 Age in Motion w/ Powerback (H1AR) 12:30 Stretch & Relax w/ Powerback (H1 AR) 1:00 Happy Hour w/ Ashely & Heather (Fireside Lounge) 4:30 Out Trip Dinner: New Mandarin</p>	<p>7 10:00 Rain Drumming w/ Ashley (Library) 11:00 Sit & Fit w/ Michelle O (H1 AR) 1:00 Beading w/ Ashley: Pin Broaches (Library) 6:30 Conversational English w/ Kendra (Library) 7:00 Movie: Akeelah and the Bee (H1AR)</p>	<p>8 1:00 Mother's Day Party w/ Dana Stern (H1AR) 7:00 Movie: The Joy Luck Club (H1AR)</p>	<p>9 12:00 Victory Day Concert w/ Vladamir Muriks (H1AR) 2:00 Recorded Dance: La Bayadere by the Royal Ballet Company (H1AR)</p>
<p>Mother's Day 10</p>	<p>11 10:30 Walking Club w/ Elizabeth (H2 Lobby) 12:00 Exercise w/ Michelle B (H1 AR) 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Elissa (H1 AR) 3:30 Chair Yoga w/ Bharti (H1AR) 7:00 Readers Theater Practice (H1AR)</p>	<p>12 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:30 Rhythm Drumming w/ Michelle O (H1AR) 1:00 Cooking w/ Elizabeth: Chickpea and Dill Salad (H2 Coffee Room) 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy (H1AR)</p>	<p>13 11:00 Cooking w/ Elizabeth: Creamy Chickpea and Dill Salad (H2 Coffee Room) 12:30 Stretch & Relax w/ Powerback (H1 AR) 1:00 Happy Hour w/ Ashely & Heather (Fireside Lounge)</p>	<p>14 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:30 Crafting Club and a snack w/ TMT: Spring Vases (H1AR) 2:00 Fun and Games w/ Ashley: Wheel of Fourtune (H1AR) 6:30 Conversational English w/ Kendra (Library) 7:00 Movie: Fried Green Tomatoes (H1AR)</p>	<p>15 12:00 Exercise w/ Michelle B (H1 AR) 1:00 A Touch of Shabbat w/ R. Polter (Library) 1:00 Food Committee Meeting (Fireside Lounge) 7:00 Movie: Little Woman (H1AR)</p>	<p>16 2:00 Movie: Terms of Endearment (H1AR)</p>
<p>17</p>	<p>18 10:30 Walking Club w/ Elizabeth (H2 Lobby) 12:00 Exercise w/ Michelle B (H1 AR) 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Elissa (H1AR) 3:30 Chair Yoga w/ Bharti (H1AR) 7:00 Readers Theater Performance (H1AR)</p>	<p>19 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:00 Blood Pressure Checks & Health education w/ The Medical Team: Stroke Awareness (H1AR) 12:30 Rhythm Drumming w/ Michelle O (H1AR) 2:00 Resident Council Meeting (H1AR) 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy</p>	<p>20 YAD EZRA DAY 11:00 Nutrition and Snacks with Elizabeth: Hydration for Health and Energy (H1 AR) 12:30 Stretch & Relax w/ Powerback (H1 AR) 1:00 Happy Hour w/ Ashley & Heather (Fireside Lounge)</p>	<p>21 10:00 Out Trip: Greenfield Village 10:00 West Bloomfield Pop-up Library w/ Emily (H1 AR) 11:00 Sit & Fit w/ Michelle O (H1 AR) 6:30 Conversational English w/ Kendra (Library) 7:00 Movie: The Adams Family (H1AR)</p>	<p>22 Shavuot 11:00 World News w/ Ashley (Library) 12:30 Travelogue: Spain (H1AR) 2:00 Mindfulness Coloring w/ Jackie (Library) 2:00 Book Club w/ Emily: The Names (H1AR) 7:00 Movie: Erin Brockovich</p>	<p>23 2:00 Movie: Miss Congeniality (H1AR)</p>
<p>24 10:45 Chair Tap Dancing w/ Ericka (H1 AR)</p>	<p>25 Memorial Day No Mail Delivery Hechtman Office Closed 12:00 Exercise w/ Michelle B (H1 AR)</p>	<p>26 11:00 Sit & Fit w/ Michelle O (H1 AR) 1:00 Wii Sports w/ Ashley (H1AR) 3:30 Kabbalah w/ R. Polter (H1AR) 7:15 Bingo w/ Bonnie, Danny, & Sandy (H1 AR)</p>	<p>27 11:00 Artwork w/ Ashley: Mosaic Tile Coasters (H1AR) 12:30 Stretch & Relax w/ Powerback (H1 AR) 1:00 Happy Hour w/ Ashely & Heather (Fireside Lounge) 7:00 Resident Council Birthday Party w/ Tom Zakarian (H1AR)</p>	<p>28 10:00 Out Trip: Sea Life Aquarium at Great Lakes Crossing 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:30 Lucky club w/ TMT: "How are they Related"(H1AR) 6:30 Conversational English w/ Kendra (Library) 7:00 Movie: My Big Fat Greek Wedding (H1AR)</p>	<p>29 11:00 Japanese Fan Dancing w/ Ashley (H1 AR) 12:00 Exercise w/ Michelle B (H1 AR) 1:00 A Touch of Shabbat w/ R. Polter (Library) 2:00 Artwork w/ Ashley: Spring Glass Luminaries (H1AR) 7:00 Movie: 9 to 5 (H1AR)</p>	<p>30 2:00 Recorded Musical: Fiddler on The Roof (H1AR)</p>

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Memorial Day is Monday May 25th, 2026

