November

Coville-Memory Care

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **10:30** Exercise w/Michelle (2) **2:15** Live w/ Michael Krieger (2)	2 **11:00** Exercise w/ Michelle (2) **11:30** Conversations w/ Rabbi Polter **1:30** Manicures w/ Bonnie (2)	3 **11:00** Exercise w/Michelle B (4) **2:00** Relaxing Tunes	4 **11:30** Chair Yoga w/Lindsey (2) **2:00** Puzzles	5 **11:30** Exercise w/ Nancy (2) **1:00** Live w/ Mark Maze (PDR) **2:30** Bean Bag Toss	6 **11:30** Exercise w/ Michelle B (2) **3:00** Shabbat w/ Rabbi Polter (3)	7
8 **10:30** Exercise w/MIchelle (2)	9 **11:00** Exercise w/ Michelle (2) **11:30** Conversations w/ Rabbi Polter **2:30** Current Events w/ Linda G (3)	10 **11:30** 15 Minute workout w/ Jasmine (2) **1:30** Movie & snack (Forrest Gump) (2)	11 **11:30** Chair Yoga w/Lindsey (2) **11:30** Outing (Soul Cafe)	12 **11:15** Exercise w/ Nancy (2) **1:00** Live w/ Marshall Hall (PDR)	13 **11:30** Exercise w/ Michelle B (2) **2:00** Holiday Craft **3:00** Shabbat w/ Rabbi Polter (3)	14
15 **10:30** Exercise w/Michelle (2) **1:00** Live w/Skye (DR)	16 **11:00** Exercise w/ Michelle (2) **11:30** Conversations w/ Rabbi Polter (3) **1:30** Manicures w/Bonnie	17 **11:00** Exercise w/Michelle B (4) **2:00** Pictonary	18 **11:30** Chair Yoga w/Lindsey (2) **2:00** Live w/ Julie B. (2)	19 **11:15** Exercise w/Nancy (2) **2:00** Live w/ Fanya (2)	20 **11:30** Exercise w/ Michelle B (2) **2:00** Short film **3:00** Shabbat w/ Rabbi Polter (3)	21
22 **10:30** Exercise w/Michelle (2) **3:00** Magic show w/ Irving (CR)	23 **11:00** Exercise w/ Michelle (2) **11:30** Conversations w/ Rabbi Polter (3) **2:00** Arts & Crafts (2)	24 **11:30** 15 Minute workout w/ Jasmine (2) **2:15** Current Events w/ Alan Resnick (3)	25 **11:30** Chair Yoga w/Lindsey (2) **2:15** Dolly Parton Documentary (2)	26 **2:15** Live w/ Steve G. happy thanksgiving	27 **11:30** Exercise w/ Michelle B (2) **3:00** Shabbat w/ Rabbi Polter (3)	28
29 **10:30** Exercise w/Michelle (2) **2:15** Live w/ Yaraslav (2)	30 **11:00** Exercise w/ Michelle (2) **11:30** Conversations w/ Rabbi Polter (3) **1:30** Manicures w/Bonnie	STAFF: Where exercise & entertainment are in red, please bring the residents out to the living room. Thank you	PCR- Prentis Community Room PDR- Prentis Dining Room			In all things, give thanks