Coville

NOVEMBER

2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 **11:15** Exercise w/ Michelle (3) **1:30** Live w/ Michael Krieger	2 **10:30** Exercise w/ Michelle O(3) **11:00** Conversations w/ the Rabbi Polter (3) **1:00** Fanya Prentis Concert (PDR) **1:30** Manicure w/ Bonnie (2)	3 **11:00** Exercise w/ Michelle B (4) **1:30** Movie Time: Frank Sinatra (3) **3:00** Mind Masters (PCR)	4 **11:30** Chair Yoga w/ Lindsay (2) **2:00** Scrabble (4) **3:00** BINGO (PCR)	5 **11:30** Exercise w/ Nancy (2) **1:00** "Coloring Mandalas" (6F) **1:00 Live w/ Mark Maze (PDR)** **3:00** Crossword Puzzle	6 **11:30** Exercise w/ Michelle(3) **2:00** Music & Floats (3) **3:00** Shabbat w/ Rabbi Polter (3)	7
8 **11:15** Exercise w/ Michelle (3)	9 **10:30** Exercise w/ Michelle (3) **11:00** Conversations w/ the Rabbi Polter (3) **2:00** Music w/ Sara (2)	10 **11:00** Exercise w/ Michelle B (4) **2:00 Wellness BINGO** w/ Dawn TMT (4) **3:00** Mind Masters (PCR)	11 **11:30 Lunch Outing- Soul Cafe** 11:30 Chair Yoga w/ Lindsay (2) **2:00** Music Trivia (3) **3:00** BINGO (PCR)	12 **11:30** Exercise w/ Nancy (2) **1:00** *Live w/ Marshall Hall (PDR)* **2:30** Blank Slate (3)	13 **11:30** Exercise w/ Michelle(3) **2:00** *Smart Phone Class w/ Michael(CR)* **3:00** Shabbat w/ Rabbi Polter (3)	14
15 **11:15** Exercise w/ Michelle (3) **1:00 Live entertainment w/ Skye (CR)**	16 **10:30** Exercise w/ Michelle (3) **11:00** Conversations w/ the Rabbi Polter (3) **1:30** Manicure w/ Bonnie (2) **2:40** Current Events w/ Linda G. (3)	17 **11:00** Exercise w/ Michelle B (4) **2:00** Activity Chat w/ Jai (3) **3:00** Mind Masters (PCR)	18 **11:30** Chair Yoga w/ Lindsay (2) **2:00 Live w/ Julie B. (2)** **3:00** BINGO (PCR)	19 **10:30** Arts & Crafts w/ Carole (4) **11:30** Exercise w/ Nancy (2) **1:00** "Coloring Mandalas" (6F) **2:15** Live w/ Fanya (2)	20 **11:30** Exercise w/ Michelle (3) **1:30** *Concert, Steve Floyd (PDR)* **3:00** Shabbat w/ Rabbi Polter (3)	21
22 **11:15** Exercise w/ Michelle (3) **3:00 Magic Show w/ Irving (CR)**	23 **10:30** Exercise w/ Michelle (3) **11:00** Conversations w/ the Rabbi Polter (3) **2:00** Sing-a-long (4)	24 **11:00** Exercise w/ Michelle B (4) **2:15** Current events w/ Alan Resnick (3) **3:00** Mind Masters (PCR)	25 **11:30** Chair Yoga w/ Lindsay (2) **1:30** Hot Cocoa & Music **3:00** BINGO (PCR)	**Happy Thanksgiving** 26 **2:15 Live w/ Steve G. (2)** Sorry We're CLOSED	27 **11:30** Exercise w/ Michelle O. (3) **2:00** Word Games (3) **3:00** Shabbat w/ Rabbi Polter (3)	28
29 **11:15** Exercise w/ Michelle (3) **1:30 Live w/ Yaraslav (Pianist) (3)**	30 **10:30** Exercise w/ Michelle (3) **11:00** Conversations w/ the Rabbi Polter (3) **1:30** Manicure w/ Bonnie (2) **3:00** Blank Slate					

PCR- Prentis Community Room
PDR- Prentis Dining Room

September Coville-Memory Care 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 **10:30** Exercise w/ Michelle (3) **2:15** Live w/ Michael Krieger (2)		1 **11:00** Exercise w/ Michelle B (4) **2:00** Poem Reading Selection (2)	2 **11:00** Pre Holiday Event (Young Israel Synagogue **11:30** Chair Yoga w/ Lindsey (2) **2:00** Puppy Time w/ Woody (2)	3 **11:15** Exercise w/ Nancy (2) **11:30** Conversations w/ Rabbi Polter **2:00** Exotic Zoo (PCR)	4 **11:00** Exercise w/ Michelle (2) **1:30** Bean Bag toss **3:30** Shabbat w/Rabbi Polter (3)	5
8 **10:30** Exercise w/ Michelle (3)	7 **CLOSED** 	8 **11:00** Exercise w/ Michelle B (4) **2:00** Pictionary (2) **2:30** Games w/Dawn TMT (4)	9 **9:00 SENIOR DAY: Detroit Zoo** **11:30** Chair Yoga w/Lindsey (2) **2:00** Table Games w/Lucy (2)	10 **11:15** Exercise w/ Nancy **(2)** **1:30** Live w/ Fanya	11 **Erev Rosh Hashanah** **11:00** Exercise w/ Michelle (2) **2:00** Live w/ Henrick (PDR) **3:30** Shabbat w/ Rabbi Polter (3)	12 **Rosh Hashanah**
13 **10:30** Exercise w/ Michelle	14 **11:00** Exercise w/ Michelle **11:30** Conversations w/ Rabbi Polter **1:30** Manicure w/ Bonnie (2) **2:30** Current Events w/ Linda G. (3)	15 **10:15** Exercise w/ Michelle B (2) **2:00** Bean Bag Toss (2)	16 **11:30** Chair Yoga w/ Lindsey (2) **2:00** Live w/ Julie (2)	17 **11:15** Exercise w/ Nancy (2) **11:30** Conversations w/ Rabbi Polter **2:15** Live w/ Steve G (2)	18 **11:00** Exercise w/ Michelle B (2) **1:30** Live w/ Angela & Toms (PDR) **3:30** Shabbat w/ Rabbi Polter (3)	19
Erev Yom Kippur 20 **10:30** Exercise w/ Michelle	**Yom Kippur** 21 Sorry We're CLOSED	22 **11:00** Exercise w/ Michelle B (4) **1:30** Relaxing Tunes **2:15** Current Events w/ Alan Resnick (3)	23 **11:30** Chair Yoga w/ Lindsey (2) **2:00** Puppy Time w/ Terra (2)	**Erev Sukkot** 24 **11:15** Exercise w/ Nancy (2)	**Sukkot** 25 **11:00** Exercise w/ Michelle B (2) **12-2 PM End of Summer Ice Cream Social w/ Live DJ** **3:30** Shabbat w/ Rabbi Polter (3)	26
Sukkot 27 **10:30** Exercise w/ Michelle **2:15 Live w/ Yaraslav (Pianist) (2)**	**Sukkot** 28 **11:00** Exercise w/ Michelle (3) **11:30** Conversations w/ Rabbi Polter **1:30** Manicures w/ Bonnie	**Sukkot** 29 **10:15** Exercise w/ Michelle B (2) **2:00** Discovery Lane	30 **11:30** Chair Yoga w/Lindsey **2:00** Word Gams (2)		STAFF: Where exercise & entertainment are in red, please bring the residents out to the living room. Thank you living room.	