

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 Sukkot Ends October 4th, 2026				Sukkot 1 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:30 Standing and Stability w/ Michelle O (H1AR) 2:00 Artwork w/ Ashley: Leaf Bowls (H1AR) 6:30 Conversational English w/ Kendra (Library) 7:00 ShinShinim Program (H1AR)	Sukkot 2 1:00 A Touch of Shabbat w/ R. Polter (Library) 2:00 Travelogue: Germany (H1AR) 7:00 Movie: October Sky (H1AR)	Sukkot 3 2:00 Movie: Crossing Delancy (H1AR)
Sukkot Ends 4 1:00 Sing along w/ Jeff (H1AR)	5 10:30 Walking Club w/ Elizabeth (H2 Lobby) 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Elissa (H1 AR) 7:00 Readers Theater Practice (H1AR)	6 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:30 Rhythm Drumming w/ Michelle O (H1AR) 1:00 Computer Games Introduction (Library) 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy (H1AR)	7 11:00 Live and Learn: Davids Kingdom (H1AR) 12:00 Age in Motion w/ Powerback (H1AR) 12:30 Stretch & Relax w/ Powerback (H1 AR) 1:00 Happy Hour w/ Ashley & Heather (Fireside Lounge) 2:30 Voter Registration Session and Q&A (H1AR)	8 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:30 Scarf Dancing w/ Michelle O (H1AR) 2:00 Live and Learn: The Edmund Fitzgerald (H1AR) 6:30 Conversational English w/ Kendra (Library) 7:00 Movie: The Cider House Rules (H1AR)	9 12:30 Free Bingo w/ Ashley (H1AR) 2:30 Beading w/ Ashley: Necklaces/ Glasses Chain (Library) 7:00 Movie: The Penguin Lessons (H1AR)	10 1:00 Resident council Ice cream Social and Games (H1AR) 3:30 Recorded Dance: The Firebird and Les Noces (H1AR)
11	12 10:30 Walking Club w/ Elizabeth (H2 Lobby) 11:00 Gardening Club w/ Lisa and Ashley: Dried Flowers (H1AR) 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Elissa (H1 AR) 3:30 Chair Yoga w/ Bharti (H1AR) 7:00 Readers Theater Practice (H1AR)	13 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:30 Rhythm Drumming w/ Michelle O (H1AR) 1:00 Cooking w/ Elizabeth: Cheddar Pumpkin Grilled Cheese (H2 Coffee Room) 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy (H1AR)	14 11:00 Cooking w/ Elizabeth: Cheddar Pumpkin Grilled Cheese (H2 Coffee Room) 11:00 Brain Games w/ TMT: Game of Luck (H1AR) 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Ashley & Heather (Fireside Lounge) 4:30 Out Trip Dinner: Outback Steakhouse	15 10:00 Out Trip: Detroit Zoo 10:00 West Bloomfield Pop up library w/ Emily (Library) 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:30 Standing and Stability w/ Michelle O (H1AR) 2:00 Live and Learn: The Doc's of War (H1AR) 6:30 Conversational English w/ Kendra (Library) 7:00 Recorded Concert: The Carpenters Live 1971 (H1AR)	16 1:00 Food Committee Meeting (Fireside Lounge) 1:00 A Touch of Shabbat w/ R. Polter (Library) 2:30 Travelogue: Paris (H1AR) 7:00 Movie: All That Heaven Allows (H1AR)	17 12:30 Shabbat Celebration w/ Shul (H1AR) 2:00 Movie: Matilda (H1AR)
18 10:45 Chair Tap Dancing w/ Ericka (H1 AR)	19 10:30 Walking Club w/ Elizabeth (H2 Lobby) 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Jodi (H1 AR) 3:30 Chair Yoga w/ Bharti (H1AR) 7:00 Readers Theater Practice (H1AR)	20 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:30 Rhythm Drumming w/ Michelle O (H1AR) 1:30 Fall Themed Bingo w/ Melissa and Jackie (H1AR) 3:30 Kabbalah w/ R. Polter (Sukkah) 7:15 Bingo w/ Bonnie, Danny, & Sandy (H1AR)	YAD EZRA 21 11:00 Nutrition and Snacks with Elizabeth: The Power of Whole Grains (H1 AR) 12:30 Stretch & Relax w/ Powerback 1:00 Happy Hour w/ Ashley & Heather (Fireside Lounge) 2:30 Wii Sports w/ Ashley 7:00 Movie: Gosford Park (H1AR)	22 11:00 Out Trip: Soul Café 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:30 Scarf Dancing w/ Michelle O (H1AR) 2:00 Live and Learn: Michigan's Midterm Elections (H1AR) 6:30 Conversational English w/ Kendra (Library) 7:00 ShinShinim Program (H1AR)	23 11:30 Neighborhood Knead (H2 Coffee Room) 2:00 Book Club w/ Emily: A Pair of Aces (H1AR) 2:00 Mindfulness Coloring w/ Jackie (library) 7:00 Movie: The Spiderwick Chronicles (H1AR)	24 2:00 Recorded Musical: Song Sung Blue (H1AR)
25 2:00 Bingo w/ the Sisterhood of Temple Kol Ami (H1AR)	26 10:30 Walking Club w/ Elizabeth (H2 Lobby) 1:00 Brain Power w/ Sandy (Library) 2:15 Bingo w/ Elissa (H1 AR) 7:00 Readers Theater Practice (H1AR)	27 11:00 Sit & Fit w/ Michelle O (H1 AR) 12:30 Blood Pressure Checks & Health education w/ The Medical Team: Building a Positive Community (H1AR) 2:00 Resident Council Meeting (H1AR) 3:30 Kabbalah w/ R. Polter (Library) 7:15 Bingo w/ Bonnie, Danny, & Sandy (H1 AR)	28 12:00 Artwork w/ Ashley: Felt Pumpkins (H1AR) 12:30 Stretch & Relax w/ Powerback (H1 AR) 1:00 Happy Hour w/ Ashley & Heather (Fireside Lounge) 2:30 Fun and Games w/ Ashley: Are You smarter than a Fifth Grader (H1AR) 4:30 Out Trip Dinner: Outback Steakhouse	29 10:30 Out Trip: Cranbrook Art Museum (H1AR) 11:00 Crafting club w/ TMT: Decorative Hanging Shelves (H1AR) 11:00 Sit & Fit w/ Michelle O (H1 AR) 2:00 Live and Learn: Michigan's Hidden Synagogues (H1AR) 6:30 Conversational English w/ Kendra (Library) 7:00 Movie: St. Elmo's Fire (H1AR)	30 10:30 World News w/ Ashley (Library) 12:00 Rain Drumming w/ Ashley (Library) 1:00 Touch of Shabbat w/ Rabbi Polter (Library) 7:00 Movie: Witches of Eastwick (H1AR)	31 2:00 Movie: Just Wright (H1AR)