Powerback Rehabilitation®

Powerback Rehabilitation is proud to partner with Jewish Senior Life - West Bloomfield to bring Health & Wellness programs and Outpatient Rehabilitation Therapy Services beginning October 16th, 2023!

Our rehab services will include Physical Therapy, Occupational Therapy, and Speech Therapy conveniently provided on-site within the community.

We look forward to becoming a part of Jewish Senior Life to further enrich and support a healthy lifestyle and assist in keeping you healthy and active.

Watch for more information in the coming weeks as we prepare for opening.

Health and Wellness

Age In Motion® is a complete wellness program developed to nurture each of the dimensions of wellness for healthy aging. Our positive pathways to wellness offer a wide variety of exercise classes, wellness tips and resources, virtual classes, and personalized milestones guided by our enthusiastic team of specialists.

Rehabilitation Therapy Services

Physical Therapy restores function for individuals who have experienced neuromuscular or skeletal dysfunction. Individualized therapeutic treatment may include:

- Training in mobility, gait stability, posture, and positioning
- Exercise programs to increase muscle function, coordination, and endurance
- Joint and soft tissue mobilization to increase range-of-motion
- Wound care
- Pain management

Speech Therapy addresses communication and swallowing dysfunction. Treatment plans are designed for individual needs, such as:

- Recovery of speech, language, and memory skills
- Verbal and non-verbal communication including programs for the hearing impaired
- Oral muscle functioning and strength required for speaking and swallowing
- Appropriate diet recommendations

Occupational Therapy assists individuals with adapting to their social and physical environments as they age. Our therapists design comprehensive plans that enhance patient functionality through:

- Education and training in areas such as dressing, bathing, eating, and grooming
- Activities for memory, orientation, and cognitive integration
- Adaptive techniques or equipment to overcome physical disabilities
- Strengthening and coordination exercises
- Exercises to reduce the effects of conditions to maintain normal joint movement